Top tips to stay safe online

1. **Do not post or give out any personal information that could identify you.**
   - This includes your name, your address and pictures or links to your school
   - Don't post details of where you're going to be at particular time
   - Make sure you use the security and privacy features on your social networks, so you only share what you want with who you want.

2. **Don't arrange to meet anyone you're only ever met online.**
   - You can:
     - Say - No
     - Tell – Tell your trusted adult
     - If your trusted adult says you may go, take them with you and meet in a public place

3. **Learn how to block and report people on every chat app. you use.**
   - You should:
     - Only add people you know in the real world
     - Don't get involved in online arguments. Once it's said online it can be there forever
     - Don't join in with online bullying just because others do it, be the better person
     - Use an avatar as your profile pic, rather than a photo of you
     - Only post comments and photos/videos you'd be happy for your parents to see

4. **Don't open emails from people / places you don't know.**
   - Remember:
     - Only give out your email address to people you know or on official forms
     - If you're not sure have a second disposable email address for spam, you can always change it to your 'personal' address later
     - Many viruses, malware and ransomware and other and similar files are spread by emails
     - Phishing and scam emails are extremely common, if it sounds too good to be true it probably is

5. **Keep your device secure with the latest security updates and virus protection.**
   - The latest anti-virus software with the latest virus definitions is essential. This includes everything that connects to the internet like your computer, tablet or phone.

6. **Suspicious or abusive activity on the internet can be reported by the following methods:**
   www.IWF.org (Illegal websites) www.ceop.police.uk/Ceop-Report (advice and make a report) www.beatbullying.org (anti bullying)

7. **Advice for parents and children is available from the following:**
   www.ceop.police.uk/safety-centre - www.getsafeonline.org - www.commonsensemedia.org (what's good/safe to see and do; www.vodafone.com/content/parents.html (for parents) www.parentport.org.uk (for parents) www.childnet.com (general advice).

Police – Non Emergency phone 101   (advice and to report a non-urgent incident).
Police – Emergency 999   (someone or their property at immediate risk).