

PSHE Long Term Whole School Curriculum Map - Includes SMSC, SEAL, Health/Nutrition, Economic Well Being, Drug Tobacco & Alcohol Education, SRE & Citizenship Education

Terms	SEAL/PSHE Themes	EYFS: Reception	Year 1	Year 2
Autumn 1	New Beginnings	Belonging, Self-awareness, Understanding/Managing my Feelings, Understanding the Feelings of others, Social skills,	Belonging, Self-awareness, Managing my Feelings, Understanding Others' Feelings, Making Choices	Belonging, Self-awareness, Managing my Feelings, Understanding Others' Feelings, Making Choices
	SMSC	How can I contribute to my school? Getting to know each other/class rules	How can I contribute to my school?/Class Rules/ School council elections	How can I contribute to my school? Class Rules/ School council elections
Autumn 2	Getting on and Falling out	Friendship, Working Together, Managing Feelings, Resolving Conflict, Understanding My Feelings	Friendship, Seeing things from another point of view, Working Together, Managing Feelings - Anger	Friendship, Seeing things from another point of view, Working Together, Managing Feelings - Anger
		Anti-bullying week November:	Anti-bullying week November:	Anti-bullying week November:
		Road safety awareness week	Road safety awareness week	Road safety awareness week
Spring 1	Going for Goals	Setting Realistic Targets, Planning to Reach My Goal, Persistence, Evaluate & review	Introduction to New Year and Resolutions: Recognising skills needed to set realistic goals	Introduction to New Year and Resolutions: Recognising skills needed to set realistic goals
	Nutrition	Healthy lunch box	Healthy choices	Health & Growth - importance of a balanced diet.

Spring 2	Good to be me	Knowing myself, Understanding my feelings, managing my feelings, standing up for myself	Knowing myself, Understanding my feelings, managing my feelings, standing up for myself, making choices	Knowing myself, Understanding my feelings, managing my feelings, standing up for myself, making choices
	Sun safety	Sun safety	Sun safety	Sun safety
Summer 1	Relationships	Understanding my feelings, managing my feelings, understanding feelings of others [Playground games]	Knowing myself, Understanding my feelings, managing my feelings, understanding feelings of others	Knowing myself, Understanding my feelings, managing my feelings, understanding feelings of others
	SRE	Myself and others, Family network, Body awareness, Hygiene	Myself and others, body parts, family, friendships, choices	Body development, looking after the body, Safety, secrets
	Economic Well Being	Money- Recognising coins Using money Making choices Keeping money safe Feelings about money Feelings about money	Money Value of coins and notes Keeping track of money Choices about spending Needs and wants Looking after my money Saving money	Money Value of coins and notes Keeping track of money Choices about spending Needs and wants Looking after my money Saving money Where money come from
Summer 2	Changes	Knowing Myself, Understanding my/Others' Feelings, Making Choices /transition	Knowing Myself, Making Choices/ transition	Knowing Myself, Making Choices/ transition
	Drugs	Who can we trust to keep us safe? How do I use everyday substances safely?	Medicines and me. What happens when things go into / onto our bodies?	How can we get help from adults we can trust? How do medicines help us? Dangers / risks involved- safe messages.

