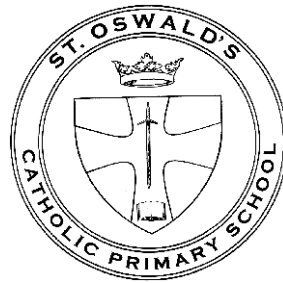




INCLUSION
CHARTER MARK



ST. OSWALD'S CATHOLIC PRIMARY SCHOOL

Email: office@st-oswalds.liverpool.sch.uk

www.stoswaldsschool.com

Montague Road
Liverpool L13 5TE

Headteacher: Mrs. M. Walsh

Telephone:
0151 228 8436

Dear Parents / Carers

We would like to invite you in to school to experience a Relax Kids class with your child. This programme is currently being delivered throughout the school as part of Wellness Wednesday Initiative.

A Relax Kids class incorporates some movement, self-esteem games, stretches, breathing exercises, peer & self-massage, affirmations and visualisations.

The aim of a Relax Kids class is to help develop your child's concentration, self-esteem and confidence.

The session will take place on:

Wednesday 22nd May 2019 from 8.30am 10.00am in Infants Hall

Spaces are limited to 15 families, so places will be allocated on a first come first served basis.

Look forward to seeing you then.

Yours sincerely

Mrs Hyland & Miss McKenna

Family Liaison Officers

Child's Name Class

I would like a place on the Relax Kids Session on:

Wednesday 22nd May 2019 from 8.30am 10.00am in Infants Hall

Parents Name Contact Number

Signed Date