## Neek One

Monday

Burger

Veggie Quorn Burger V

Potato Wedges & Sweetcorn

**Pudding** 

Flavoured Ice Cream

**Tuesday** 

Chicken Curry

Vegetable Rice & Curry Sauce V

Boiled Rice & Peas

**Pudding** 

Fruit Sponge & Custard

Wednesday

Traditional Roast Dinner Vegaie Potato Cakes V

Roast Potatoes & Vegetables Pudding

Fruit Jelly

**Thursday** 

Traditional Scouse Vegetable Hot Pot V

Crusty Bread & Beetroot
Pudding

Fruity Flapjacks

Friday

Fishy Burger
Cheesy Potato Boats V

And to go with

Oven Baked Chips & Beans/Peas

Pudding

Cup Cakes

Neek Two

**Monday** 

All Day Breakfast Veggie Breakfast V

Beans
Pudding
Ice Cream Roll
Tuesday

Flavoured Chicken Wrap Roasted Vegetable Wrap V

Herby Diced Potato & Mixed Salad Pudding

Fruit Sponge & Custard Wednesday

Traditional Roast Dinner Macaroni Cheese V

Roast Potatoes & Vegetables

Pudding

Carrot cake

Thursday

Sweet Chilli Chicken Noodles

Veggie Enchilada V

Savoury Rice & Vegetables
Pudding

Shortbread Biscuit

**Friday** 

Fishy Friday
Friday Fritata V

And to go with
Chips & Beans / Peas
Pudding
Eaton Mess

Neek Three

We are award winners!

Monday

Meat Pizza

Veggie pizza Selection V

Herb Diced Potatoes & Vegetables
Pudding
Apple Flapjacks
Tuesday

BBQ Chicken Topped with Cheese Veggie Lasagne V

Rice & Vegetables Or Salad

Pudding
Chocolate Brownie
Wednesday

Traditional Roast Dinner
Roast Potatoes & Vegetables
Broccoli & Cauliflower Bake V

Roast Potatoes & Vegetables
Pudding
Jam & Cream Scone

**Thursday** 

Spaghetti Bolognaise Quorn Bolognaise **V** 

Garlic Bread & Mixed Salad

Apple Crumble & Custard

Friday

Fish
Salmon Fish Cakes

Fingers With Dipping Sauce V

And to go with
Oven Baked Chips & Beans
Pudding
Iced Fingers

Jacket potatoes sandwiches and pasta pots daily

Jacket potatoes sandwiches and pasta pots daily

