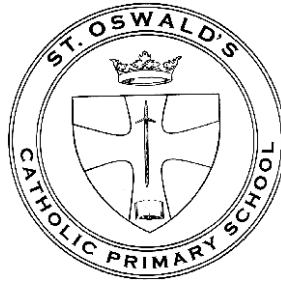




INCLUSION
CHARTER MARK



ST. OSWALD'S CATHOLIC PRIMARY SCHOOL

Email: office@st-oswalds.liverpool.sch.uk

www.stoswaldsschool.com

Headteacher: Mrs. M. Walsh

Montague Road

Liverpool L13 5TE

Telephone:

0151 228 8436

12.11.19

Dear Parents / Carers

We would like to invite you to our Wellness Wednesday Peer Massage event on Wednesday 20th November at 9.00am – 10.00am.

Come and learn the massage strokes with your child/ren in our Junior School Hall where you can practice the strokes you can use at home to take time out and relax with your child.

The aim of the session is for you to learn the peer massage strokes that your child is learning in school, so they can be enjoyed at home together.

Peer massage helps children to feel calm and relaxed, releasing feel good endorphins to higher self-esteem and confidence.

It would be great to see you but as always there is a limited number of places available which will be allocated on a first come first served basis.

Please return the attached reply slip and await confirmation.

Yours sincerely

Mrs Hyland / Miss McKenna
Family Liaison Officers

✂.....

MESSAGE SESSION

I would like to attend the parents Peer Massage session on **Wednesday 20th November 2019 at 9.00am in Junior Hall.**

Name of Child Class

Parents Name Contact number

SignedDate