



**IIIN Community**

Inclusive, Innovative, Intergenerational

## **SUSTAINABLE SKILLS CAFÉ - BRINGING GENERATIONS TOGETHER**

### **WHAT IS IT?**

A free, monthly session held for young people and older adults to learn traditional skills like sewing, knitting, crochet, embroidery, shared reading, handicrafts, parlour games, dominoes, cards, bingo, cooking and more!

### **WHO IS IT FOR?**

Parents with young children interested in spending time with older adults in your community and over 50's interested in passing on skills and talents, looking to spend time with younger generations.

### **WHAT WILL YOU GET OUT OF IT?**

The chance to build meaningful relationships with families, pass on and learn age-old traditions and skills, display your talents, have fun and a good laugh!

### **WHERE IS IT?**

**YPAS PLUS SOUTH HUB**

**35 LYNDENE ROAD**

**L25 1NG**

**EQUIPMENT, MATERIALS AND REFRESHMENTS PROVIDED**

### **HOW DO YOU TAKE PART?**

Please contact **Catherine McNeill** on **07543 223 627** for further information