

Hi 4LD!

How are you all? I hope you are all keeping safe and well during these unusual times.

I have been looking at the work you have been doing on My Maths, Sumdog and Times Table Rock Stars and I am so impressed with all of the effort you have been putting in. I am also aware that some of you have chosen to complete tasks in other ways, by using Weduc and Twitter, which is great! In addition to this, we now have a 'Home Learning' section on the school website which will be updated regularly with tasks. Mr Murray and Miss Guy have also been posting exciting tasks, so make sure you are looking for their posts too.

Although we know how important keeping up with our school work is, I hope you have remembered how essential it is to keep your body and mind healthy too. I have found my daily walk/run really relaxing and I look forward to going every morning. I have also found that meditating and yoga are great for relaxation – especially when I am missing my family, friends and everybody in 4LD of course! Have you tried 'Cosmic Kids Yoga' on YouTube? – it's great. I know some of you would love it. I have also spent my time at home reading books, relaxing in the garden and doing weekly quizzes on 'Zoom' with my family and friends to keep my brain engaged.

I hope you are all keeping in touch with your family and friends in every way that you possibly can. Maybe you could write them a letter to brighten up their day? I would love to see some replies off you posted to twitter, so I can see what you have all been up to.

I know it is a difficult and unusual time, but continue to look after your family and stay safe.

I miss you all and cannot wait until we are all back together.

Take care,

Miss Donegan x