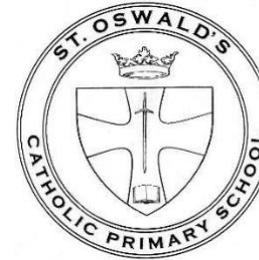


St Oswald's Catholic Primary School Home Learning

Year group 1

Week Beg :29.6.20



	Monday	Tuesday	Wednesday	Thursday	Friday
Phonics 	https://monsterphonics.com/home-learning-in-the-covid-19-lockdown/year-1-home-learning/ Week 6 day 1 "Or"	https://monsterphonics.com/home-learning-in-the-covid-19-lockdown/year-1-home-learning/ Week 6 day 2 "Ore"	https://monsterphonics.com/home-learning-in-the-covid-19-lockdown/year-1-home-learning/ Week 6 day 3 "Aw"	https://monsterphonics.com/home-learning-in-the-covid-19-lockdown/year-1-home-learning/ Week 6 day 4 "Au"	use the 4 different sounds we have recapped this week and write them each in the middle of a piece of paper inside a bubble. Now think of some words that go with the correct sound and write them around the bubble Finally scatter them across a room and get a grown up to say a word. Now run to the correct sound with that word on it.

<p>English</p>	<p>Read the Poem 'Me' by Swapna Haddow (below)</p> <p>What does it make you think about?</p> <p>Develop the poem as a performance or plan how you could turn it into a video (in a group if you can). Think about actions, voice expression, body/facial expression.</p>	<p>Recap the Poem from yesterday 'Me'</p> <p>Can you write down all of the different adjectives that are users?</p> <p>Can't remember what an adjective is...click on the link</p> <p>https://www.bbc.co.uk/bitesize/topics/zrqqk/fr/articles/zy2r6yc</p> <p>Show how Swapna Haddow uses adjectives to add detail to what she loves about herself- "stretchy arms", "wiggly toes".</p> <p>Can you write simple sentences using adjectives to describe the parts of the body or personality traits that you like.</p>	<p>The poem starts "I love me." What do you love about you?</p> <p>Write a list poem with each line starting "I love my..."</p> <p>Remember to start each verse with a capital letter. Use the link below to refresh your memory</p> <p>https://www.bbc.co.uk/teach/superheroes/ks1-english-capital-letters-full-stops/zjmrhbk</p>	<p>The poet talks about her "brilliant thinky brain".</p> <p>What does your brain think about?</p> <p>Draw a picture of yourself surrounded by thought bubbles. Write in each bubble to show the types of things that you think about.</p>	<p>Use mirrors to begin to look at the shapes in your face and to begin to draw self-portraits. Label your picture with words or phrases to show what you like about yourself.</p> <p>Sometimes we have days when we don't like ourselves as much. What can we do to feel a bit better on these days? Practice the strategies listed in the poem. Do they make you feel better? What else would you add to this list of strategies?</p>
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<p>Maths</p>	<p>Quick 5 minute warm-up: Practice 2 x tables</p> <p>Multiplication:</p> <p>Using arrays (shelves and cupcakes) solve the equations:</p> <p>2x6=</p> <p>5x7=</p> <p>8x10=</p> <p>3x9=</p> <p>10x4=</p> <p>A video to help using arrays:</p> <p>https://m.youtube.com/watch?v=HGP4TxCcp_E</p>	<p>Quick 5 minute warm-up: Practice 5 x tables</p> <p>Make the number:</p> <p>30</p> <p>How many ways can you make the number 30?</p>	<p>Quick 5 minute warm-up: Practice 10 x tables</p> <p>Number bonds to 20</p> <p>1- 6-</p> <p>2- 7-</p> <p>3- 8-</p> <p>4- 9-</p> <p>5- 10-</p>	<p>Quick 5 minute warm-up: 1 more 1 less</p> <p>Times table rockstars</p>	<p>Quick 5 minute warm-up: Double / halve the number</p> <p>Active maths:</p> <p>Multiplication relay</p> <p>Ask a grown-up to write multiplication questions on different pieces of paper and place them in a hula hoop (anything equivalent) at one end if the garden/room.</p> <p>You must then run, get a questions, bring it back, work out the answer and then do that many star jumps/ running on the spot/push-ups/sit-ups etc.</p> <p>E.g</p> <p>5x2=10 - do 10 star jumps</p>
<p>Foundation Subjects</p> 	<p>Spanish</p> <p>Working with Melissa and the Elmer story. Practise some colours.</p>	<p>Computing</p> <p>Talk to your family about online safety rules at home.</p>	<p>Science Read</p>	<p>Geography</p>	<p>Art</p>

	<p>This Juani reading this lovely story.</p> <p>https://drive.google.com/file/d/1UOEpxvXI03bE5gKq4Omxlyq-YtIRsgG/view?usp=sharing</p> <p>Challenge</p> <p>Find some objects in your home, what colours are they? Can you say the colour in Spanish?</p>	<p>Together, come up with 5 rules that will help you all stay safe online. Then, write them down. You could write them on a computer, if you like. Add drawings and colour to make sure others will read them. When you have finished, place the rules somewhere in your home where everyone can see them.</p> <p>Challenge</p> <p>Make sure you follow them!</p>	<p>Find out about the famous scientist. Sir Isaac Newton</p> <p>BBC Bitesize</p> <p>https://www.bbc.co.uk/teach/class-clips-video/science-ks2-discovering-the-work-of-Sir-Isaac-Newton/zr4mf4j</p> <p>If you could meet Sir Isaac, what questions would you like to ask him?</p>	<p>Research</p> <p>Use an atlas or the internet.</p> <p>Find a map of the United Kingdom. Name the different countries.</p>  <p>England, Northern Ireland, Scotland and Wales.</p> <p>Can you draw the Flag for each country? Find 3 facts for each country and write them down.</p> <p>Challenge</p> <p>Can you name and find some other places on the map? Liverpool, London, Edinburgh, Cardiff, Belfast. Irish Sea, North Sea, English Channel, Atlantic Ocean Land's End, John O'Groats Isle of Mann</p>	<p>Research the work of the artist Giuseppe Arcimboldo.</p> <p>He uses drawings of fruit, vegetables and flowers to create an image.</p>  <p>What different fruits, flowers and vegetables can you find in this image?</p> <p><u>Activity</u></p> <p>Select a piece of fruit.</p> <p>Look at it carefully.</p> <p>Think about the colour and the shapes you can see.</p> <p>Create a picture in the style of Giuseppe.</p>
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<p>PE and RE</p> 	<p>Physical activity</p> <p>Daily Mile</p> <p>Give it a twist,</p>  <p>Side step the daily mile today?</p> <p>Every 20/ 30 steps twist to face the other way.</p>	<p>RE</p> <p>Today we are thinking about holidays and holy days. Here are some questions for you and your family. Why are holidays different from ordinary days? What do you like to do during the holidays? Do you stay at home, visit relations or go away? Who is with you? What do you take? If you have to travel, what means of travel do you use? What do you like to do on holiday? What makes it a happy time?</p> <p>Research</p> <p>Find out about a holiday destination</p>	<p>Physical activity</p> <p>Yoga</p> <p>Join in with the Cosmic kids yoga story.</p> <p>https://www.youtube.com/user/CosmicKidsYoga</p>  <p>Click on videos and find a story.</p> <p>There is a great Star Wars one.</p> <p>A New Hope.</p>	<p>RE</p> <p>Draw a picture of a place you would like to go on holiday.</p> <p>It could be a beach, a caravan, a hotel, in a tent or to a forest.</p> <p>Draw the people you would like to be there.</p> <p>Write a list of the things you would like to do on holiday.</p>	<p>Physical activity</p> <p><u>Throwing and Catching</u></p> <p>_Build on your throwing and catching skills</p> <p>Find a ball, find a wall. Can you throw the ball at the wall and catch it?</p>  <p>You will have been practicing your skills, now make it more of a challenge. Throw and catch the ball with one hand. You could let the ball bounce once before you catch it.</p> <p>Now try the same with the other hand.</p>
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Me

I love me.
I love the way I shoot through the sky when I jump,
jump, JUMP.
I love my stretchy arms and all the shapes I can make.
I love my wobbly belly and my wiggly toes.
I love my curly hair and my brown skin.
I love my brain,
my brilliant thinky brain that maps my voyages and
paints my daydreams.
But sometimes there are days when I'm not sure I love
me as much as the day before.
So on those days
I squeeze my eyes shut.
I take a deep breath in.

And I blow that thought away ,
away.

So far away.

And I hug my arms around me and squish me hard.
Then
I jump and I stretch and I leap up high.
And I sing and I shout and make shapes and I wiggle
my toes and wobble my belly
and I dance on my head and think all my thinks.
And I remember just how much
I LOVE BEING ME.

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