









ST. OSWALD'S CATHOLIC PRIMARY SCHOOL

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PE Catch Up Curriculum Vision

St Oswald's Catholic Primary school vision for PE is that it is critical to ensure children are physically and mentally healthy and that the well-being of the children is of the upmost importance. We will promote health and well-being through play, wellness sessions, daily mile, active lessons and structured PE lessons on a daily basis. We will ensure that all pupils develop physical literacy and the fundamental knowledge, understanding and skills to excel in a wide range of physical activities, by providing a broad and balanced curriculum with opportunities for all.

With returning to school, due to Covid-19, activities will be distanced and non-contact and will be teaching outside where possible. Safety measures will be shared with all staff around the school and we will reduce and where possible avoid sharing equipment.

As part of our social distancing measures and being mindful of our children's well-being we have also adapted our curriculum to include Yoga on our return to school in September. We believe this will give all of our children opportunities to be mindful of their own well-being and will be taught to each class by the LSSP instead of gymnastics in the first instance.

There will be procedures in place for: cleaning practice areas, including halls and outdoor spaces, cleaning equipment and using hand sanitiser for all children.