



# wellbeing for Teachers

Supporting educators through lockdown

We are hosting a **FREE** webinar for **teachers, educators, parents**, or anyone who might be struggling with the reality of home-schooling during this ongoing lockdown. We will be addressing **parent guilt, managing expectations, and building resilience**. We want you to leave this webinar feeling action focused and empowered to create a culture of optimal wellbeing in your lockdown environment!

Wednesday 10th February **5:00PM**

[CLICK HERE TO REGISTER](#)