



This information is a starting point for you to use in your school. It was produced by another Diocese to support schools beginning to map out Relationships and Sex Education in school. This is not a definitive list as you will need to add to it as you are going along.

- **You need to include the Science Curriculum – you would need to put the content in the pertinent year groups following consultation with the SLT and relevant co-ordinators.**
- **You need to include English – if you are using any of the ‘No Outsiders’ materials or any other reading materials this needs to be added in.**
- **You need to add in any themed weeks i.e. Healthy School, Anti-bullying,**
- **You need to add in ‘Learning Mentor’ initiatives, Police – community links**
- **Other visitors – school nurse ‘handwashing’,**

The DfE has stated as part of its national curriculum framework that *'All schools should make provision for PSHE education, drawing on good practice'*.

In the absence of a national programme of study from the DfE, the PSHE Association, in consultation with a wide variety of agencies and practitioners, has produced its own programme of study based on the needs of today's pupils and schools. Our programme of study at xxxxxxxxxxxxxxxxxxxx identifies the key concepts and skills that underpin PSHE education, makes links to our R.E programme 'Come & See' our RSE policy, SEAL and CAFOD, Science We have, through this curriculum map, identified how we uphold the statutory responsibility to support pupils' spiritual, moral, cultural, mental and physical development and prepare them for the opportunities, responsibilities and experiences of life, underpinned by the Gospel Values of the Catholic Church.

Foundation Stage PSHE involves helping children to develop a positive sense of themselves, and others; to form positive relationships and develop respect for others; to develop social skills and learn how to manage their feelings; to understand appropriate behaviour in groups; and to have confidence in their own abilities.

The whole school takes part in Anti-Bullying Week and we follow the theme set by the Anti-Bullying Alliance each year. Throughout the school year children are made aware of how to stay safe and be good citizens keeping Gospel Values at the core of all learning. During Anti-Bullying Week we will focus on how children can:

- be made aware of the strategies to deal with issues of bullying and what to do in different situations, including situations of cyber bullying.
- participate in role play work in class as part of PSHE and SEAL
- have a raised awareness through RE, cross curricular themes, drama, story writing, literature and theatre visits on how to stay safe
- make links to their rights and how to be responsible
- stay safe on the internet in school and outside school
- be good role models for younger children

AUTUMN TERM Reception Class					
PSHE Opportunities for pupils to:	Children are able to:	Links to Come & See Topics	Links to RSE(JIL) Journey in Love Children will:	Links to SEAL	Links to CAFOD/Other
Show Self-confidence and self-awareness: Manage feelings and behaviour: Make relationships:	Try new activities Say what they like or dislike Speak in a group Talk about their ideas Chose resources Say if they do or don't need help Talk about how they and others feel Talk about they and others behave Talk about consequences for behaviour Know some behaviour is unacceptable Work as a class or part of a group Understand and follow rules Adjust behaviour to different situations Adapt to changes in routine Play co-operatively, take turns Take account of one another's ideas Show sensitivity to others' needs and feelings Form positive relationships with both adults and other children Hear about the different types of families Explore the roles of individuals in the family	Domestic church Family – Myself God knows and loves each one of us Baptism/confirmation belonging - Welcome Baptism; a welcome to God's family Advent/Christmas loving Birthday Looking forward to Jesus' birthday	know they have a body – a gift from God(JIL) hear about babies growing into children and adults (JIL) name main parts of the body(JIL) explore what is needed for growth: love, food shelter, etc. hear that they are created by God (JIL) hear that each person is a unique gift of God (JIL) know that babies have special needs (JIL) know that family and friends should care for each other (JIL) explore the rituals that mark and celebrate birth know that they belong to various groups such as family, church and school become aware of the school as a caring community recognise and deal with feelings in a positive way (JIL)	SEAL ~ NEW BEGINNINGS I like the ways we are all different and I can tell you something special about me. Pg 24 I can tell you something special about me. Pg 27 I can tell if I am happy or sad. Pg 29 I can let you know if I feel happy, excited, sad or scared. Pg 29 I know that everybody in the world has feelings. Pg 33 I know I belong to my class. Pg 24 I like belonging to my class/group/school. Pg 24 I know that people in my group/class like me. Pg 24 I know that it's ok to have any feeling but that it's not ok to behave in any way we like. Pg 29 EAL ~ SAY NO TO BULLYING! ANTI-Bullying Week Activities	Fairground: 26– Special Places 18– We are all special 21– Caring for the Forest 29– Let's Celebrate Difference Story of the Rainbow Fairground: 22– Fair Price for Coffee Fair Trade quiz—buying and selling Global Connections Banana Game Link to any Advent charity work

SPRING TERM Reception Class					
PSHE Opportunities for pupils to:	Children are able to:	Links to Come & See Topics	Links to RSE (JIL) Journey in Love Children will:	Links to SEAL	Links to CAFOD/Other
Show Self-confidence and self-awareness: Manage feelings and behaviour: Make relationships:	Try new activities Say what they like or dislike Speak in a group Talk about their ideas Chose resources Say if they do or don't need help Talk about how they and others feel Talk about they and others behave Talk about consequences for behaviour Know some behaviour is unacceptable Work as a class or part of a group Understand and follow rules Adjust behaviour to different situations Adapt to changes in routine Play co-operatively, take turns Take account of one another's ideas Show sensitivity to others' needs and feelings Form positive relationships with both adults and other children	Local church community Celebrating People celebrate in Church Eucharist relating Gathering The parish family gathers to celebrate the Eucharist Lent/Easter giving Growing Looking forward to Easter	know who to go to when help is needed recognise that they belong to a distinct family group know that family and friends should care for each other (JIL) become aware of their special place within the family know that they belong to various groups, such as family, parish and school know about people who can keep them safe recognise that they belong to a distinct family group know that family and friends should care for each other (JIL) know that they belong to various groups, such as family, parish and school recognise how their behaviour affects other people reflect on the experiences of working together, sharing and playing together Recognise, name and deal with their feelings in a positive way (JIL) act in a considerate way towards others listen to other people, and play and work co-operatively recognise and appreciate growing things know that all household products, including medicines, can be harmful if not used properly be aware that loss is part of life	SEAL ~ NEW BEGINNINGS I like the ways we are all different and I can tell you something special about me. Pg 24 I can tell you something special about me. Pg 27 I know that everybody in the world has feelings. Pg 33 SEAL ~ GETTING ON FALLING OUT Turn taking page 21. SEAL ~ GOING FOR GOALS. Several of the activities in this set give opportunities for children to identify and set challenges for themselves.	Child's Guide to CAFOD Journey Through Bolivia. Video: 'One Day, One World' CAFOD Primary CD ROM (September 2004) Fairground: 27 - Being a Peace maker Fast Day Stories: www.cafod.org.uk Child's Guide to CAFOD: Story of Sori Link to LENT Charity

SUMMER TERM Reception Class					
PSHE Opportunities for pupils to:	Children are able to:	Links to Come & See Topics	Links to RSE (JIL) Journey in Love Children will:	Links to SEAL	Links to CAFOD/Other
Show Self-confidence and self-awareness: Manage feelings and behaviour: Make relationships:	<p>Try new activities Say what they like or dislike Speak in a group Talk about their ideas Chose resources Say if they do or don't need help</p> <p>Talk about how they and others feel Talk about they and others behave Talk about consequences for behaviour Know some behaviour is unacceptable Work as a class or part of a group Understand and follow rules Adjust behaviour to different situations Adapt to changes in routine</p> <p>Play co-operatively, take turns Take account of one another's ideas Show sensitivity to others' needs and feelings Form positive relationships with both adults and other children</p>	<p>Pentecost serving</p> <p>Good News Passing on the Good news of Jesus</p> <p>Reconciliation</p> <p>Inter-relating</p> <p>Friends Friends of Jesus</p> <p>Universal Church world</p> <p>Our world God's wonderful world</p>	<p>develop an awareness of the need for exercise and rest and make simple choices that improve their health and well-being explore different ways of communicating learn that family and friends should care for each other (JIL) recognise and deal with feelings in a positive way (JIL)</p> <p>recognise right and wrong and learn to take responsibility for choices and actions recognise what they like and dislike, what is fair and unfair learn to say sorry experience forgiveness hear about God's unconditional love agree to and follow rules for their group and classroom and understand how rules help them develop the concept of sharing and taking turns recognise how their behaviour affects other people become aware that they have responsibilities within their family identify and respect the similarities and differences between people and recognise and celebrate their own culture know what improves and harms their local, natural and built environments and about some of</p>	<p>SEAL ~ GOOD TO BE ME. I can tell you the things I like doing and the things I don't like doing. Pg 12.</p> <p>SEAL ~ GETTING ON AND FALLING OUT. I can make up when I have fallen out with a friend. Pg 18 I can thin k of ways to sort things out when we don't agree. Pg 18 I can express me feeling when I'm angry. Pg 18 I can make myself feel better when I'm angry. Pg 18 Also see pages 22 to 25 SEAL ~ RELATIONSHIPS I can tell you when I think things are fair or unfair. Pg 17. SEAL ~ CHANGES Has a range of activities that deal with how children have changed or making things change for the better Pg 20 to 23.</p> <p>SEAL ~ GOOD TO BE ME I can stand up for my own needs and rights without hurting others. Pg 14.</p>	<p>A Day in the Life of a Child in Columbia: (Child's Guide to CAFOD) www.cafod.org.uk/schools</p> <p>Fairground: 29 - Millennium Development Goals—Making the world a fairer place. CAFOD Primary CD ROM www.cafod.org.uk/schools</p> <p>Fairground: 27 - Being a Peacemaker</p> <p>Story of the Rainbow Fairground: 18 - We are all Special 21 - Caring for the Forest 26 - Special Places 29 - Let's Celebrate Difference We work together poster and Lesson Plan</p> <p>Child's Guide to CAFOD—Who is my neighbour? 'One Day, One World' Video Primary CDROM Rainbow Story</p>

			the ways people look after them		
--	--	--	---------------------------------	--	--

AUTUMN TERM YEAR 1					
PSHE Opportunities for pupils to:	Children are able to:	Links to Come & See Topics	Links to RSE (JIL) Journey in Love Children will:	Links to SEAL	Links to CAFOD/Other
Our Lives (SRE - bodies and hygiene)	Know that they can explore the world through their senses Learn how to make simple choices which improve their health and well being Learn how to maintain personal hygiene Be aware of the process of growing from young to old and the changing needs that brings	<p>Domestic church</p> <p>Family Families God's love and care for every family</p> <p>Baptism/confirmation belonging Belonging Baptism an invitation to belong to God's family</p> <p>Advent/Christmas loving Waiting Advent a time to look forward to Christmas</p>	Know that humans move, eat grow and reproduce (JIL) Name the main parts of the body (JIL) Recognise themselves as male and female(JIL) Learn how to improve personal hygiene(JIL) Know that there are different types of families (JIL) Recognise the roles of individuals within the family (JIL) Know that secure loving relationships within the family are important (JIL) Recognise they are created by God (JIL) Recognise that babies have special needs (JIL) Know about rituals that mark and celebrate birth and belonging to a community	<p>New beginnings Recognise that they are created by God Agree to and follow rules for their group and classroom and understand how rules help them Say no to bullying Recognise that God cares for each person individually Recognise that families and friends care for each other Realise that people and other living things have needs, and that they have responsibilities to meet them Getting on and Falling out Know that they are valued within the family group Recognise the roles of individual, within the family Recognise that families and friends care for each other Appreciate relationships and know that they belong to various groups and communities, such as family and school Share their opinions on things that matter to them and explain their views</p>	<p>Fairground: 26— Special Places 18—We are all special 21—Caring for the Forest 29—Let's Celebrate Difference</p> <p>Story of the Rainbow</p> <p>Fairground: 22— Fair Price for Coffee</p> <p>Fair Trade quiz—buying and selling</p> <p>Global Connections</p> <p>Banana Game</p> <p>Story of the Rainbow</p> <p>Fairground: 19—Mani's Healthy Journey 23—Where is my home? 25—Water for Life</p>

SPRING TERM YEAR 1					
PSHE Opportunities for pupils to:	Children are able to:	Links to Come & See Topics	Links to RSE (JIL) Journey in Love Children will:	Links to SEAL	Links to CAFOD/Other
Our Lives (Drugs Education - safety and wellbeing)	Learn about rules that are made to keep us safe How to make simple choices which improve their health and well-being	<p>Local church community Special people People in the parish family</p> <p>Eucharist relating Meals Mass; Jesus' special Meal</p> <p>Lent/Easter giving Change Lent a time for change</p>	Recognise that families and friends care for each other (JIL)	<p>Going for Goals Set simple personal goals Recognise, name and deal with their feelings in a positive way Recognise choices they can make and recognise the different between right and wrong</p> <p>Relationships Begin to act considerately Recognise, name and deal with their feelings in a positive way Become aware of what makes them feel uncomfortable Develop simple strategies for dealing with uncomfortable situations Reflect on the family experience of loss and change Know that family and friends should care for each other Be aware that loss and change are part of life Explore ways people can express their feelings about loss and change</p>	<p>Child's Guide to CAFOD ☑ Journey Through Bolivia. ☑ Video: 'One Day, One World'</p> <p>CAFOD Primary CD ROM (September 2004)</p> <p>Fairground: 21 - Caring for the Forest 27 - Being a Peace maker</p> <p>Fast Day Stories: www.cafod.org.uk</p> <p>Child's Guide to CAFOD: ☑ Story of Sori</p> <p>Fairground: 23 - Where is my home - Story of Sitara 25 - Water for Life.</p>

SUMMER TERM YEAR 1					
PSHE Opportunities for pupils to:	Children are able to:	Links to Come & See Topics	Links to RSE (JIL) Journey in Love Children will:	Links to SEAL	Links to CAFOD/Other
<p>Our Lives (Difference and Diversity)</p> <p>Environment</p>	<p>Identify ways in which they can enhance their family lives Listen to, work and play co-operatively with others Recognise what makes something fair or unfair Become aware of the rich variety of different cultures in our society Respect the similarities and differences between people Hear about different forms of communication media</p> <p>What improves and harms their local environment and some of the different ways people look after it</p>	<p>Pentecost serving Holidays & holydays Pentecost: feast of the Holy Spirit</p> <p>Reconciliation Inter-relating Being sorry God helps us to choose well Sacrament of Reconciliation</p> <p>Universal Church world Neighbours Neighbours share God's world</p>	<p>Recognise that family and friends care for each other (JIL)</p>	<p>Good to be me Recognise the importance of telling the truth Recognise ways in which their behaviour affects others Become aware of taking responsibility for words and actions Learn how to say sorry and experience forgiveness Hear about God's unconditional love Recognise, value and appreciate the work of others Recognise their likes, dislikes and preferences and to express and justify a personal opinion Changes Think about themselves and their experiences and learn from them</p>	<p>A Day in the Life of a Child in Columbia: (Child's Guide to CAFOD) www.cafod.org.uk/schools</p> <p>Fairground: 29 - Millennium Development Goals—Making the world a fairer place. CAFOD Primary CD ROM www.cafod.org.uk/schools</p> <p>Fairground: 27 - Being a Peacemaker</p> <p>Fairground: 18 - We are all Special 21 - Caring for the Forest 26 - Special Places 29 - Let's Celebrate Difference</p> <p>We work together poster and Lesson Plan</p> <p>Child's Guide to CAFOD—Who is my neighbour? 'One Day, One World' Video Primary CDROM Rainbow Story</p>

AUTUMN TERM YEAR 2					
PSHE Opportunities for pupils to:	Children are able to:	Links to Come & See Topics	Links to RSE (JIL) Journey in Love Children will:	Links to SEAL	Links to CAFOD/Other
Our Lives (SRE - the human body)	Appreciate that some diseases spread and can be controlled Recognise that they belong to distinct family groups	Domestic church Family Beginnings God at every beginning Baptism/confirmation belonging Signs & symbols Signs & symbols in Baptism Advent/Christmas loving Preparations Advent; preparing to celebrate Christmas	Learn that humans can produce babies (JIL) Learn that babies grow into children and then adults(JIL) Recognise themselves as male and female (JIL) Hear about the ideal of loving and sharing in a Christian marriage (JIL) Reflect on their contributions to building up a loving family (JIL) Learn that family and friends should care for each other (JIL) Understand how to treat themselves and others with respect and dignity (JIL)	New beginnings Recognise what they are good at Learn how rules help them and how to follow rules for the group or class Say no to bullying Recognise that there are different types of teasing and bullying is wrong, and how to get help to deal with bullying Begin to understand and respect the dignity of people with specific disabilities Recognise that every individual has special needs and that each need will vary in its identity and how it is addressed. Getting on and falling out	Fairground: 26– Special Places 18—We are all special 21—Caring for the Forest 29—Let’s Celebrate Difference Fairground: 22– Fair Price for Coffee Fair Trade quiz—buying and selling Global Connections Banana Game Story of the Rainbow Fairground: 19—Mani’s Healthy Journey 23—Where is my home? 25—Water for Life

SPRING TERM YEAR 2					
PSHE Opportunities for pupils to:	Children are able to:	Links to Come & See Topics	Links to RSE (JIL) Journey in Love Children will:	Links to SEAL	Links to CAFOD/Other
Our Lives (Drugs Education - medicines and safety)	Learn that all medicines are drugs but not all drugs are medicines Learn basic road safety rules Investigate the ways in which exercise and rest help develop healthy bodies Learn how to make simple choices that improve their health and well-being	<p>Local church community</p> <p>Books The books used in Church</p> <p>Eucharist relating</p> <p>Thanksgiving Mass a special time for saying thank you to God for everything, especially Jesus</p> <p>Lent/Easter giving</p> <p>Opportunities Lent; an opportunity to start anew in order to celebrate Jesus' new life</p>	Understand that their bodies are special and develop ways to protect and respect them (JIL) Be able to talk about their behaviour and feelings can affect the behaviour and feelings of others (JIL)	<p>Going for Goals Learn how to set simple goals Know how they learn best</p> <p>Relationships Develop an awareness of right and wrong Reflect on their own experiences of loss, death and change Explore family rituals relating to loss, death and change Reflect on the community experience of loss and change Know that sharing and expressing feelings of grief and loss is acceptable Explore church rituals that mark loss, death and change</p>	<p>Child's Guide to CAFOD Journey Through Bolivia. Video: 'One Day, One World'</p> <p>CAFOD Primary CD ROM (September 2004)</p> <p>Fairground: 21 - Caring for the Forest 27 - Being a Peace maker</p> <p>Fast Day Stories: www.cafod.org.uk</p> <p>Child's Guide to CAFOD: ☐ Story of Sori</p> <p>Fairground: 23 - Where is my home - Story of Sitara 25 - Water for Life.</p>

SUMMER TERM		YEAR 2			
PSHE Opportunities for pupils to:	Children are able to:	Links to Come & See Topics	Links to RSE (JIL) Journey in Love Children will:	Links to SEAL	Links to CAFOD/Other
Our Lives (Difference and Diversity) Environment Money Management	<p>Recognise the need to co-operate in work and play Provide opportunities to explore celebrations in different cultures Appreciate that advertising is part of contemporary life and its effects on our way of life</p> <p>Begin to appreciate their responsibility for the world investigate things which improve or harm the local and national environment and the things people do to care for it Recognise that some of the earth's resources are finite and therefore must be used responsibly by all of us</p> <p>Recognise that money comes from different sources and can be used for different purposes</p>	<p>Pentecost serving Spread the word Pentecost a time to spread the Good News</p> <p>Reconciliation Inter-relating Rules Reasons for rules in the Christian family Sacrament of Reconciliation</p> <p>Universal Church world Treasures God's treasure; the world</p>	<p>Understand how to treat themselves and others with mutual respect and dignity(JIL) Recognise, name and deal with their feelings in a positive way (JIL) Be able to talk about their emotions (JIL) Become aware of what makes them feel uncomfortable and develop simple strategies for dealing with uncomfortable situations (JIL)</p>	<p>Good to be me Recognise the need to respect the rights and properties of others Recognise their gifts and talents Recognise the importance of telling the truth and keeping promises Begin to develop an understanding of the need for forgiveness and reconciliation Changes Share their opinions on things that matter to them and explain their views</p>	<p>A Day in the Life of a Child in Columbia: (Child's Guide to CAFOD) www.cafod.org.uk/schools</p> <p>Fairground: 29 - Millennium Development Goals—Making the world a fairer place. CAFOD Primary CD ROM www.cafod.org.uk/schools</p> <p>Fairground: 27 - Being a Peacemaker</p> <p>Fairground: 18 - We are all Special 21 - Caring for the Forest 26 - Special Places 29 - Let's Celebrate Difference</p> <p>We work together poster and Lesson Plan</p> <p>Child's Guide to CAFOD—Who is my neighbour? 'One Day, One World' Video Primary CDROM Rainbow Story</p>

AUTUMN TERM YEAR 3					
PSHE Opportunities for pupils to:	Children are able to:	Links to Come & See Topics	Links to RSE (JIL) Journey in Love Children will:	Links to SEAL	Links to CAFOD/Other
Our Lives (SRE - life stages and relationships)	Understand that they grow and change throughout life. Learn about what makes a healthy life-style, including the benefits of healthy eating, and how to make informed choices. Learn that bacteria and viruses affect health and that following simple, safe routines can reduce their spread	<p>Domestic church Family Homes God's dream for every family</p> <p>Baptism/confirmation belonging Promises Promises made at Baptism</p> <p>Advent/Christmas loving Visitors Advent: waiting for the coming of Jesus</p>	<p>Learn to value themselves as children of God (JIL)</p> <p>Learn the main stages of the human life cycle from birth to death (JIL)</p> <p>Explore the expressions of love and joy in a family (JIL)</p> <p>Explore the sacrament of marriage as an expression of love(JIL)</p> <p>Investigate why parents need to care for their families (JIL)</p> <p>Investigate what is meant by relationships within families (JIL)</p> <p>Explore rituals celebrated in church, marking birth, marriage and death</p> <p>Explore ways in which their actions can spoil loving family relationships (JIL)</p> <p>Investigate what is meant by relationships with families (JIL)</p>	<p>New beginnings Investigate the special qualities, gifts and emotions of each person made in the image and likeness of God</p> <p>Say no to bullying Realise the consequences of anti-social behaviours, such as bullying and racism, on individuals and communities</p> <p>Getting on and falling out Recognise their worth as individuals by identifying positive things about themselves and their achievements, seeing their mistakes, making amends and setting personal goals</p>	<p>Fairground: 26— Special Places 18—We are all special 21—Caring for the Forest 29—Let's Celebrate Difference</p> <p>Story of the Rainbow Fairground: 22— Fair Price for Coffee Fair Trade quiz—buying and selling Global Connections</p> <p>Banana Game</p> <p>Fairground: 19—Mani's Healthy Journey 23—Where is my home? 25—Water for Life</p>

SPRING TERM YEAR 3					
PSHE Opportunities for pupils to:	Children are able to:	Links to Come & See Topics	Links to RSE (JIL) Journey in Love Children will:	Links to SEAL	Links to CAFOD/Other
Our Lives (Drugs Education - tobacco education) Citizenship and democracy	Become aware of substances which harm the body Become aware of choices they can make to protect their bodies Understand which commonly available substances and drugs are legal and illegal, their effects and risks Explore the qualities that make a good community That there are different kinds of responsibilities, rights and , and that these can sometimes conflict To recognise the role of community, voluntary and pressure groups Explore why and how rules and laws are made and enforced and why different rules are needed in different situations Become aware of school rules about health and safety, understand what democracy is, and about the basic institutions that support it locally and nationally.	Local church community Journeys Christian family's journey with Jesus Eucharist relating Listening & sharing Jesus gives himself to us in a special way Lent/Easter giving Giving all Lent a time to remember Jesus' total giving	Understand the importance of honesty and self-discipline (JIL) Learn about daily routines to care for your body and understand about a healthy lifestyle (JIL)	Going for Goals To resolve differences by looking at alternatives, making decisions and explaining choices Relationships Explore aspects of friendship Explore changes that loss brings to themselves and others Become aware of the range of feelings that people have when they experience a loss Be aware that death leads to 'new life' with God ' Become aware that the church has rituals and ways of dealing with death	Child's Guide to CAFOD Journey Through Bolivia. Video: 'One Day, One World' CAFOD Primary CD ROM (September 2004) Fairground: 21 - Caring for the Forest 27 - Being a Peace maker Fast Day Stories: www.cafod.org.uk Child's Guide to CAFOD: ☐ Story of Sori Fairground: 23 - Where is my home - Story of Sitara 25 - Water for Life.

AUTUMN TERM YEAR 4					
PSHE Opportunities for pupils to:	Children are able to:	Links to Come & See Topics	Links to RSE (JIL) Journey in Love Children will:	Links to SEAL	Links to CAFOD/Other
Our Lives (SRE-being healthy and preparing for puberty)	Explore how to maintain a healthy body by a balanced diet Understand what makes a healthy lifestyle, exercise, healthy eating and how to make informed choices continues to develop the Understanding that families can be places of love and joy	Domestic church Family People The family of God in Scripture Baptism/confirmation belonging Called Confirmation: a call to witness Advent/Christmas loving Gift God's gift of love & friendship in Jesus	Develop their awareness of the life cycle from conception to birth (JIL) Learn about themselves as a child of God and their body as God's gift to them(JIL) Know that each person , made in the image and likeness of God, has special qualities and gifts to contribute to community living (JIL) To explore the sacrament of marriage as an expression of love (JIL) Explore their family responsibility towards the relationship within the family (JIL) Be aware of different types of relationship, including marriage and those between friends and families and to develop skills to be effective in relationships(JIL) Explore and develop strategies to maintain good relationships (JIL)	New beginnings Identify positive things about themselves and their achievements Explore the gifts of creation Investigate the way people use God's gift of creation That there are different kinds of responsibilities, rights and duties at home, school and in community, and that these can sometimes conflict with each other Say no to bullying Reflect on spiritual, moral, social and cultural issues using imagination to understand other people's experiences Become aware of the consequences of anti-social behaviour, such as bullying, teasing and racism Getting on and falling out Explore and develop strategies to maintain good relationships deepen the understanding of what is meant by relationships and families	Fairground: 26– Special Places 18— We are all special 21—Caring for the Forest 29— Let's Celebrate Difference Fairground: 22– Fair Price for Coffee Fair Trade quiz—buying and selling Global Connections Banana Game Story of the Rainbow Fairground: 19—Mani's Healthy Journey 23— Where is my home? 25— Water for Life

SPRING TERM YEAR 4					
PSHE Opportunities for pupils to:	Children are able to:	Links to Come & See Topics	Links to RSE (JIL) Journey in Love Children will:	Links to SEAL	Links to CAFOD/Other
Our Lives (Drugs Education - alcohol education)	<p>Investigate ways that harmful substances can enter the body</p> <p>Continue the awareness of ways to protect their body from harmful substances</p> <p>Know which commonly available substances and drugs are legal and illegal and their effects and risks</p> <p>Learn what makes a healthy lifestyle, exercise, healthy diet, and how to make informed choices</p> <p>Learn school rules about health and safety, basic emergency aid procedures and where to get help</p> <p>Explore the many ways in which people are exposed to advertising</p>	<p>Local church community</p> <p>Community life in the local Christian community: ministries in the parish</p> <p>Eucharist relating</p> <p>Giving & receiving Living in communion</p> <p>Lent/Easter giving</p> <p>Self discipline</p> <p>Celebrating growth to new life</p>	Learn about what makes a healthy lifestyle (JIL)	<p>Going for Goals</p> <p>Learn to see mistakes, make amends and set personal goals</p> <p>Investigate people's reactions to differences e.g. of talents, looks, cultures</p> <p>Good to be me</p> <p>Become aware of right and wrong choices and their consequences</p> <p>Know how to respond to aggressive behaviour and how to ask for help</p>	<p>Child's Guide to CAFOD Journey Through Bolivia. Video: 'One Day, One World'</p> <p>CAFOD Primary CD ROM (September 2004)</p> <p>Fairground: 21 - Caring for the Forest 27 - Being a Peace maker</p> <p>Fast Day Stories: www.cafod.org.uk</p> <p>Child's Guide to CAFOD: ☐ Story of Sori</p> <p>Fairground: 23 - Where is my home - Story of Sitara 25 - Water for Life.</p>

SUMMER TERM YEAR 4					
PSHE Opportunities for pupils to:	Children are able to:	Links to Come & See Topics	Links to RSE (JIL) Journey in Love Children will:	Links to SEAL	Links to CAFOD/Other
Our Lives (Difference and Diversity)	<p>Explore and value the differences of individuals in their communities</p> <p>Learn about the range of jobs carried out by people they know</p> <p>Investigate people's reactions to differences e.g. of talents, looks, cultures</p> <p>Investigate community life in a 'developing world' area</p> <p>Learn that difference and similarities between people arise from a number of factors, cultural, ethnic, racial, religious, gender and disability</p> <p>Become aware of the consequences of anti-social behaviour, such as bullying, teasing and racism</p> <p>Identify ways in which people in our world depend on each other</p> <p>think about lives of people living in other places and times and people with different values and customs</p> <p>Explore the consequences of anti-social behaviour on individuals and communities</p> <p>Explore ways in which their actions affect the environment and how they can work with others to preserve the environment</p>	<p>Pentecost serving New life To hear & live the Easter message</p> <p>Reconciliation Inter-relating Building bridges Admitting wrong, being reconciled with God and each other Sacrament of Reconciliation</p> <p>Universal Church world God's people Different saints show people what God is like</p>	<p>Deepen their appreciation of the place of the sacrament of Reconciliation in their lives</p> <p>Learn about the place of love and joy in families (JIL)</p> <p>Continue to explore the Sacrament of marriage as an expression of love(JIL)</p>	<p>Changes Deepen an understanding of the necessity to say sorry and forgive others</p> <p>Relationships Develop the understanding of honesty and self-discipline</p> <p>Explore different situations that show care and consideration towards the needs of others</p> <p>Appreciate that there are many feelings and emotions associated with grieving and loss (death, separation, divorce)</p> <p>Be aware that death leads to 'new life' with God</p> <p>Investigate the rituals and ways that the Church has to deal with death.</p> <p>Explore strategies for dealing with emotions and feelings that come with death and loss</p> <p>Learn that their feelings affect themselves and others, to care about other people's feelings and to try and see things from their point of view</p>	<p>A Day in the Life of a Child in Columbia: (Child's Guide to CAFOD) www.cafod.org.uk/schools</p> <p>Fairground: 29 - Millennium Development Goals—Making the world a fairer place. CAFOD Primary CD ROM www.cafod.org.uk/schools</p> <p>Fairground: 27 - Being a Peacemaker</p> <p>Fairground: 18 - We are all Special 21 - Caring for the Forest 26 - Special Places 29 - Let's Celebrate Difference</p> <p>We work together poster and Lesson Plan</p> <p>Child's Guide to CAFOD—Who is my neighbour? 'One Day, One World' Video Primary CDROM Rainbow Story</p>

Environment					
-------------	--	--	--	--	--

AUTUMN TERM YEAR 5					
PSHE Opportunities for pupils to:	Children are able to:	Links to Come & See Topics	Links to RSE (JIL) Journey in Love Children will:	Links to SEAL	Links to CAFOD/Other
Our Lives (Difference and Diversity)	<p>Explore the meaning of prejudice and how it can be expressed</p> <p>Investigate ways in which the community deals with prejudice</p> <p>Appreciate the range of national, regional, religious and ethnic identities within the UK</p> <p>Understand that differences and similarities between people arise from a number of factors, including cultural, ethnic/racial, religious diversity, gender or disability</p> <p>Consider the experiences and lives of other people living in other places/times and with different values and customs</p> <p>Reflect on social, moral and cultural issues using imagination, to consider the experience of others</p>	<p>Domestic church</p> <p>Family</p> <p>Ourselves Created in the image & likeness of God</p> <p>Baptism/confirmation</p> <p>Belonging</p> <p>Life choices</p> <p>Marriage commitment and service</p> <p>Advent/Christmas</p>	<p>Explore ways to reflect God's unconditional love in their lives (JIL)</p> <p>Reflect on personal responsibility for maintaining good relationships (JIL)</p> <p>Explore ways of dealing with broken relationships and bringing about reconciliation (JIL)</p>	<p>New beginnings</p> <p>Recognise their work as individuals by expressing positive things about themselves</p> <p>Begin to explore the concept of democracy and the institutions which support it locally and nationally</p> <p>Why and how rules and laws are made and enforced, that different rules are needed in different contexts and how to participate in the creation of rules and adapting them.</p> <p>Say no to bullying</p> <p>Express and justify a personal opinion issues of personal and social concern</p>	<p>Fairground:</p> <p>26— Special Places</p> <p>18—We are all special</p> <p>21—Caring for the Forest</p> <p>29—Let's Celebrate Difference</p> <p>Fairground:</p> <p>22— Fair Price for Coffee</p> <p>Fair Trade quiz—buying and selling</p> <p>Global Connections</p> <p>Banana Game</p> <p>Story of the Rainbow</p> <p>Fairground:</p> <p>19—Mani's Healthy Journey</p> <p>23—Where is my home?</p> <p>25—Water for Life</p>

	Develop an understanding and respect for the beliefs and cultures of others Appreciate the diversity of national, regional, religious and ethnic identities in the UK. Become aware of how local agencies support people in need	Loving Hope Advent; waiting in joyful hope for Jesus; the promised one		Realise the nature and consequences of racism, teasing, bullying and aggressive behaviours, and how to respond to them and ask for help Getting on and falling out Learn that there are different kinds of duties, rights and responsibilities at home, at school and in the community and that these can sometimes conflict	
--	--	---	--	---	--

SPRING TERM YEAR 5					
PSHE Opportunities for pupils to:	Children are able to:	Links to Come & See Topics	Links to RSE (JIL) Journey in Love Children will:	Links to SEAL	Links to CAFOD/Other
Our Lives (Drugs Education-drug and alcohol education)	Understand which commonly available substances and drugs are legal and illegal and their effects and the associated risk Become aware of the effects of exercise bones , muscles and organs Learn about options for a healthy lifestyle, including benefits of exercise healthy eating and what affects positive mental health, and to make informed choices Develop an awareness of the way the media influences our choices	Local church community Mission Continuing Jesus' mission in diocese [ecumenism] Eucharist relating Memorial sacrifice The Eucharist the living memorial of Jesus' sacrifice Lent/Easter giving Sacrifice Lent a time of aligning	Learn about sources of help and support for individuals, families and groups (JIL) That pressure to engage in unacceptable or risky behaviour can come from a variety of sources, including people they know, and to exercise basic techniques for resisting pressure(JIL) Explore the need for a healthy lifestyle (JIL) Recognise that actions have consequences for themselves and other, recognise others' feelings and put themselves in someone else's shoes (JIL) Explore the meaning of friendship, trust and loyalty (JIL) Learn about different types of relationships among friends and families and to develop skills	Going for Goals Relationships Understand that grieving (death, separation, divorce)is a process Explore the ways in which Church rituals help people deal with loss	Child's Guide to CAFOD Journey Through Bolivia. Video: 'One Day, One World' CAFOD Primary CD ROM (September 2004) Fairground: 21 - Caring for the Forest 27 - Being a Peace maker Fast Day Stories: www.cafod.org.uk Child's Guide to CAFOD: Story of Sori Fairground: 23 - Where is my home - Story of Sitara 25 - Water for Life.

		with the sacrifice already made by Jesus	needed to be effective in relationships (JIL) To be able to talk about relationships and how to seek advice from significant adults (JIL) Understand about a healthy lifestyle and the options and choices they make (JIL)		
--	--	--	--	--	--

SUMMER TERM YEAR 5					
PSHE Opportunities for pupils to:	Children are able to:	Links to Come & See Topics	Links to RSE (JIL) Journey in Love Children will:	Links to SEAL	Links to CAFOD/Other
Our Lives (SRE – Puberty)	As they approach puberty learn about bodily changes learn about options for a healthy lifestyle, including benefits of exercise, healthy eating and what affects positive mental health Appreciate the roles and responsibilities of other family members	Pentecost serving Transformation Celebration of the Spirit's transforming power Reconciliation Inter-relating Freedom & responsibility Commandments enable Christians to be free & responsible	Explore ways to reflect God's unconditional love in their lives(JIL) Learn how to manage feelings as they change(JIL) Explore different ways to respond to the gifts of creation- using a variety of media and experiences (JIL) Talk about relationships and know how to seek advice from significant adults(JIL)	Good to be me Changes Reflect on their changing role and responsibilities within the family	A Day in the Life of a Child in Columbia: (Child's Guide to CAFOD) www.cafod.org.uk/schools Fairground: 29 - Millennium Development Goals—Making the world a fairer place. CAFOD Primary CD ROM www.cafod.org.uk/schools Fairground: 27 - Being a Peacemaker Fairground: 18 - We are all Special 21 - Caring for the Forest 26 - Special Places 29 - Let's Celebrate Difference We work together poster and Lesson Plan
Environment	Explore the concept that resources can be allocated in different ways and that these economic choices affect individuals, communities and the sustainability of the environment	Universal Church world Stewardship The Church is called to the stewardship of Creation	Investigate what is involved in bringing up children(JIL) As they approach puberty; the changes in emotions that puberty brings and how to manage their feelings Including		

			menstruation(JIL) Explore the marriage liturgy, especially the parents' responsibility towards children as expressed through the vows of Christian marriage (JIL) Learn about the different types of relationships among friends and families and develop the skills needed to be effective in relationships(JIL)		Child's Guide to CAFOD—Who is my neighbour? 'One Day, One World' Video Primary CDROM Rainbow Story
--	--	--	---	--	---

AUTUMN TERM YEAR 6					
PSHE Opportunities for pupils to:	Children are able to:	Links to Come & See Topics	Links to RSE (JIL) Journey in Love Children will:	Links to SEAL	Links to CAFOD/Other
Our Lives (Difference and Diversity – stereotyping)	Explore the effects of stereotyping on other people Investigate the effects of stereotyping on the community Develop strategies for minimising the effects of stereotyping Realise the nature and consequences of racism, teasing, bullying and aggressive behaviour Recognise that differences and similarities between people arise from a number of factors Reflect on the ways they are able to support people in their community Develop sensitivity and respect of the rights and needs of others regardless of gender, race, belief, physical and mental ability	Domestic church Family Loving God who never stops loving Baptism/confirmation belonging Vocation & commitment The vocation of priesthood and religious life Advent/	Recognise that actions have consequences for themselves and others, recognise others' feelings (JIL)	New beginnings Consider the necessity for family rules Explore groups they belong to and the commitment made to groups Recognise their worth as individuals by expressing positive things about themselves and their achievements Learn that there are different kinds of duties, responsibilities and rights at home, school and in the community and that these can conflict with each other Say no to bullying	Fairground: 26- Special Places 18—We are all special 21—Caring for the Forest 29—Let's Celebrate Difference Story of the Rainbow Fairground: 22- Fair Price for Coffee Fair Trade quiz—buying and selling Global Connections Banana Game Story of the Rainbow Fairground:

	Develop ways to evaluate media experiences and to make critical judgements	Christmas loving Expectations Jesus born to show God to the world		Realise the nature and consequences of racism, teasing, bullying and aggressive behaviour Getting on and falling out Recognise risks in different situations and make judgements about behaviour	19—Mani's Healthy Journey 23—Where is my home? 25—Water for Life
--	--	---	--	---	--

SPRING TERM YEAR 6					
PSHE Opportunities for pupils to:	Children are able to:	Links to Come & See Topics	Links to RSE (JIL) Journey in Love Children will:	Links to SEAL	Links to CAFOD/Other
Our Lives (Drugs Education-drug and alcohol education)	Develop appropriate techniques to resist pressure from friends and others with regard to tobacco, alcohol and drugs Learn which commonly available substances and drugs are legal and illegal, their effects and risks Investigate ways to achieve a healthy body through diet, exercise, hygiene and rest	Local church community Sources The Bible, the special book for the Church Eucharist relating Unity Eucharist	Develop skill needed to form, and to end relationships(JIL) Continue developing ways to talk about relationships and to seek advice from significant adults(JIL) Learn about different kinds of relationships among friends and families and develop the skills to be effective in relationships(JIL) Recognise the risks in different situations and make judgements about behaviour (JIL) Investigate ways to achieve a	Going for Goals Recognise their worth as individuals by expressing positive things about themselves and their achievements Relationships Know that there are helping agencies to support families and individuals in time of loss Be aware that death leads to 'new life' with God	Child's Guide to CAFOD ☑ Journey Through Bolivia. ☑ Video: 'One Day, One World' CAFOD Primary CD ROM (September 2004) Fairground: 21 - Caring for the Forest 27 - Being a Peace maker Fast Day Stories: www.cafod.org.uk Child's Guide to CAFOD:

		<p>enables people to live in communion.</p> <p>Lent/Easter giving Death & new life Celebrating Jesus' death & resurrection</p>	healthy body and lifestyle(JIL)	<p>Know that the Church has rituals and ways of dealing with death</p> <p>Reflect on their developing role within the family</p>	<p>☞ Story of Sori</p> <p>Fairground: 23 - Where is my home - Story of Sitara 25 - Water for Life.</p>
--	--	---	---------------------------------	--	--

SUMMER TERM	YEAR 6				
PSHE Opportunities for pupils to:	Children are able to:	Links to Come & See Topics	Links to RSE (JIL) Journey in Love Children will:	Links to SEAL	Links to CAFOD/Other

Our Lives (SRE - sex and relationship education)	<p>Be aware that balanced diet, exercise, hygiene and rest are necessary for maintaining a healthy body and a healthy mind</p> <p>Learn that bacteria and viruses can affect health and transmission may be reduced when simple safe routines are used</p> <p>Consider ways in which they can contribute to family life</p>	<p>Pentecost serving</p> <p>Witnesses The Holy Spirit enables people to become witnesses</p> <p>Reconciliation</p> <p>Inter-relating</p> <p>Healing Sacrament of the Sick</p> <p>Universal Church world</p> <p>Common good Work of the worldwide Christian family</p>	<p>Reflect on the importance of God's unconditional love(JIL)</p> <p>Know the basic biology of human reproduction within the context of marriage (including sexual intercourse) (JIL)</p> <p>Learn about different kinds of relationships among friends and families and to develop the skills needed to be effective in relationships(JIL)</p> <p>Develop an appreciation of what is involved in bringing up children (JIL)</p> <p>Hear about the commitment of Christian parents in bringing up their children (JIL)</p> <p>Explore the responsibilities that parents have in bringing up children (JIL)</p> <p>Recognise and value the importance of forgiveness in relationships and the place of themselves in this(JIL)</p> <p>Develop ways to deal with the consequences of wrong choices(JIL)</p>	<p>Good to be me</p> <p>Appreciate the healing grace that is available through the sacrament of Reconciliation</p> <p>Changes</p> <p>Face new challenges positively through collecting information , looking for help, making responsible choices and taking action</p>	<p>A Day in the Life of a Child in Columbia: (Child's Guide to CAFOD)</p> <p>www.cafod.org.uk/schools</p> <p>Fairground:</p> <p>29 - Millennium Development Goals—Making the world a fairer place.</p> <p>CAFOD Primary CD ROM</p> <p>www.cafod.org.uk/schools</p> <p>Fairground:</p> <p>27 - Being a Peacemaker</p> <p>Story of the Rainbow</p> <p>Fairground:</p> <p>18 - We are all Special</p> <p>21 - Caring for the Forest</p> <p>26 - Special Places</p> <p>29 - Let's Celebrate Difference</p> <p>We work together poster and Lesson Plan</p> <p>Child's Guide to CAFOD—Who is my neighbour?</p> <p>'One Day, One World' Video</p> <p>Primary CDROM</p> <p>Rainbow Story</p>
Environment	<p>Deepen awareness of current environment issues in the context of God's creation including allocation of resources</p>				
Money management	<p>Explore ways to look after money and the benefits of saving for future needs (invite local Bank representatives to come into school) <i>Lloyds have a good schools prog so do Barclays</i></p>				