



Year group	Social and Emotional	Physical	Spiritual
EYFS	Children will understand and be able to recognise:	Children will recognise: We are all different and unique	Children will be able to: Celebrate the joy of being a special
AIM: To explore the wonder of being special and unique.	I am a special person in my family	To state how they are different from	person in God's family.
	To know our baptismal date is the date of our birth into the church	others / how others are different from them	To know how we celebrate each other (birthdays, christening, gifts)
	To talk about why they are special	To talk about why God has made us all different and special to him	To talk about celebrations that happen in church
	To know what they enjoy about belonging to their family	To know how they can show care for others and keep friends	To know how we can celebrate being a special part of God's family
	To know how God shows love to them and their family.	To know God created them	To know how to celebrate the joys of being unique and special to God.
		To understand we are thankful to God for creating us	semg amque and special to cour
Year 1	Children will recognise:	Children will understand and talk	Children will be able to:
We meet God's love in our family	Signs that I am loved in my family	about: How I am cared for and kept safe in	Celebrate ways that God loves and cares for us
AIM: to focus on families and specially growing up in a loving,	They can talk about how love is shown in their family	my family To talk about some characteristics of a happy family	To know the ways in which they have grown in love and security in their family





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secure and stable home.	To talk about how their family has kept them safe and protected	They know how to act with adults	To understand and know how they
	To understand how saying thank you shows love for others	that are not in their family and those they do not know	are loved and cared for by God To know God's love for them is
	To know saying sorry shows respect, builds bridges, helps us to build a	To understand the ways we are made in the likeness of God	unconditional. To think of ways to thank God for his
	happy family and mends broken friendships.	To talk about the ways my family keeps me healthy	unconditional love
	To talk about ways to cheer others up if they are upset		
	To understand teasing and bullying is wrong and unacceptable		
	To know we should always tell the truth		
Year 2	Children will recognise: The joy and friendship of belonging	Children will be able to: Describe ways of being safe in	Children will be able to: Celebrate ways of meeting God in
We meet God's love in the community	to a diverse community	communities	our communities





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AIM: To describe how we are growing and developing in diverse	To be able to describe a community and know the joys of belonging to	To talk about what makes them feel safe in their families, friendships and	To link our school mission statement to celebrating our community
communities that are God-given	one	communities	
			To understand how, as a community,
	To have an understanding of the	To understand keeping themselves	we reach out to others in their time
	different roles within a community	safe and who they are able to talk to when feeling unsafe	of need (charity work etc)
	To talk about what they bring to a		To know how and where we meet
	community	To understand how to use digital devices safely	God in the community
			To talk about how we keep others safe
			To know how we show respect, love and care for all God has created
Year 3	Children will describe and give	Children will describe and give	Children will be able to:
	reasons:	reasons:	Celebrate the joy and happiness of
How we live in love	How friendship makes me feel happy and safe	Why friendships can break down, how they can be repaired and	living in friendship with God and others.
AIM: To describe and give reasons for		strengthened	
how we grow in love in caring and	To know how their friendships make		To know how the gift of Sacrament of
happy friendships where we are	them feel happy and secure	To know what can trigger	Reconciliation helps restore
secure and safe.		disagreements between friends and friendship groups	friendship with God and others





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	To know who they can turn to if they did not feel safe in a friendship	To suggest the best ways to resolve	To know which Bible stories teach us about the beauty of forgiveness
	To understand the difference between a relative, a friend and an acquaintance	To understand healthy friendships make people feel included and know	To list some characteristics that help us live in friendship with God and others
	To know how to respond to an adult they do not know that makes them	what to do if they feel lonely or excluded	
	feel uncomfortable or unsafe To talk about the characteristics of a	To know violence is never the answer.	
	To understand how friendships change		
Year 4	Children will describe:	Children will describe:	Children will be able to:
God loves us in our differences	How we should all be accepted and respected.	How we should treat others making links with the diverse modern society we live in.	Celebrate uniqueness and innate beauty of each of us.
AIM: To make links and connections to show that we are all different.	To talk about ways they would ensure they have a part to play in keeping themselves and others in their family and community safe	To know how we show others respect, even when they are different from us (physically,	To know what makes them unique and talk about their special qualities, gifts and talents





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To celebrate these differences as we appreciate that God's love accepts us as we are now and as we change.	To know how authority figures help communities and societies work together better To think of ways to celebrate each others' differences in school, home and communities	ethnically, culturally or in religious beliefs) To know how to treat others with respect and expect respect in return To think about how they can challenge stereotypes that encourage bullying To understand it is not right to pressurise someone into doing something they are not comfortable with, e.g. keeping a secret that is not right to keep To recognise the innate dignity of every person and ask God to help us see it	To know why being honest, truthful and having integrity are positive attributes To know how to support others with mental health and wellbeing To recognise the importance of expressing feelings
Year 5 God loves us in our changing and developing	Children will show knowledge and understanding of: Emotional relationship changes as we grow and develop	Children will show knowledge and understanding of: The physical changes in puberty	Children will be able to: Celebrate the joy of growing physically and spiritually





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AIM: show a knowledge and understanding of how we grow in awareness of the physical and emotional changes that accompany puberty – sensitivity, mood swings, anger, boredom etc. and grow further in recognising God's presence in our daily lives.	To recognise behaviour changes that happen as they grow and develop To think about how to advise friends with things such as self-confidence and self-esteem To know where and who to go to for	To understand how to recognise the emotional, internal and external changes that happen during puberty To understand the importance of personal hygiene and why we might need to change our hygiene routines during puberty	To know what it means to grow holistically, e.g. physically, socially, emotionally, intellectually and spiritually Think about ways and means of ensuring growing holistically happens healthily
	advice or to report concerns for themselves To know how to be safe online	To understand appropriate, inappropriate or unsafe physical and other forms of contact Recognise the God of love who journeys with us	To know what difficulties they might face as their body changes and grows To know God's love surrounds them always and how this can help them be respectful of their own body as well as courageous in the face of changes
Year 6	Children will develop a secure understanding of:	Children will be able to explain: How human life is conceived.	Children will show an understanding of:
The wonder of God's love in creating new life.	Stable and caring relationships, which may be of different types, are at the heart of happy families.	To understand the key building blocks of a loving relationship	How being made in the image and likeness of God informs decisions and actions when building
AIM: to develop a secure understanding of what stable, caring		To know how conception takes place	relationships with others including life-long relationships.





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kinds there may be. Focusing on Catholic teaching, children will also know and understand about the conception of a child within marriage.	To understand what it means to be patient, kind and never jealous To understand what it means to not be boastful, conceited and to never seek advantage To be able to explain what it means that love finds its joy in truth, is always ready to make allowances, endure whatever comes and never comes to an end	To use illustrations of the male and female reproductive organs and explain how human life is conceived To understand how a child grows in a mother's womb	To state the positive of positive, respectful relationships To talk about the ways we make friends and other relationships To understand what information is safe to share online To understand what sort of boundaries are appropriate to set in friendships with peers and others, including in a digital context To understand what to do if a boundary has been crossed To know how to discover the presence of God in family and friends