

St Oswald's Catholic Primary School – Curriculum Overview 2023/24



<u>RHSE</u>

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Class Charter, Good to be Green, Class Dojo, E-Safety Black History Month, Police Visit (Halloween and Bonfire Night Safety) Mouse club activities	Life to the Full Module 1: Created and Loved by God Unit 1 Religious Understanding Story Sessions: Handmade with Love Module 1 Created and Loved by God Unit 2 Me, My Body, My Health Session 1 I am Me Session 2 Head, Shoulders, Knees and toes Session 3 Ready, Teddy?	Life to the Full Module 1: Created and Loved by God Unit 3 Emotional Wellbeing Session 1 I like, you like, we all like Session 2 Good feelings, bad feelings Session 3 Let's get real Module 1: Created and Loved by God Unit 4 Life Cycles Session 1 Growing up	Life to the Full Module 2: Created to love others Unit 1 Religious Understanding Session 1 Role model Module 2: Created to love others Unit 2 Personal relationships Session 1 Who's who? Session 2 You've got a friend in me Session 3 Forever friends	Life to the Full Module 2: Created to Love Others Unit 3 Keeping Safe Session 1 Safe inside and out Session 2 My body, my rules Session 3 Feeling poorly Session 4 People who help us.	Life to the Full Module 3: Created to Live in Community Unit 1 Religious Understanding Session 1 God is love. Session 2 Loving God, Loving others Module 3: Created to Live in Community Unit 2 Who Is My Neighbour? Session 1 Me, you, us
		Additional PHSE elements Anti-Bullying Week Road Safety week Well-being week Mouse club activities	Additional PHSE elements Mental Health and Wellbeing Week Internet Safety Day Chinese New Year Mouse club activities	Additional PHSE elements Mouse club activities	Additional PHSE elements Mouse club activities	Additional PHSE elements Mouse club activities Health and Fitness Week Enterprise Week

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Class Charter, Mission Statement Review, Good to be Green, Class Dojo, E-Safety Black History Month, Police Visit (Halloween and Bonfire Night Safety)	Life to the Full Module 1: Created and Loved by God Unit 1 Religious Understanding Story Sessions: Handmade with Love Module 1 Created and Loved by God Unit 2 Me, My Body, My Health Session 1 I am Me Session 2 Head, Shoulders, Knees and toes Session 3 Ready, Teddy? Additional PHSE elements Anti-Bullying Week Road Safety week Well-being week A Journey in Love: The Wonder of Being Special and Unique Section 1: Social and emotional LI: to recognise the joy of being a special person in my family.	Life to the Full Module 1: Created and Loved by God Unit 3 Emotional Wellbeing Session 1 I like, you like, we all like Session 2 Good feelings, bad feelings Session 3 Let's get real Module 1: Created and Loved by God Unit 4 Life Cycles Session 1 Growing up Additional PHSE elements Mental Health and Wellbeing Week Internet Safety Day Chinese New Year A Journey in Love: The Wonder of Being Special and Unique Section 2: Physical LI: to recognise that we are all different and unique	Life to the Full Module 2: Created to love others Unit 1 Religious Understanding Session 1 Role model Module 2: Created to love others Unit 2 Personal relationships Session 1 Who's who? Session 2 You've got a friend in me Session 3 Forever friends	Life to the Full Module 2: Created to Love Others Unit 3 Keeping Safe Session 1 Safe inside and out Session 2 My body, my rules Session 3 Feeling poorly Session 4 People who help us A Journey in Love: The Wonder of Being Special and Unique Section 3: Spiritual LI: To celebrate the joy of being a special person in God's family	Life to the Full Module 3: Created to Live in Community Unit 1 Religious Understanding Session 1 God is love. Session 2 Loving God, Loving others Module 3: Created to Live in Community Unit 2 Who Is My Neighbour? Session 1 Me, you, us Additional PHSE elements Health and Fitness Week Enterprise Week

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Class Charter, Good to be Green, Class Dojo, E-Safety Black History Month, Police Visit (Halloween and Bonfire Night Safety) Introduction of School Council - voting process	Life to the Full Module 1: Created and Loved by God. Unit 1 Religious Understanding Story sessions: let the children come Module 1: Created and Loved by God Unit 2 Me, My Body, My Health Session 1 I am Unique Session 2 Girls and boys Session 3 Clean and healthy Additional PHSE elements not included in Life to the Full Anti-Bullying Week Road Safety week Well-being week A Journey in Love: We Meet God's Love in Our Family Section 1: Social and Emotional LI: to recognise signs that I am loved in my family	Life to the Full Module 1: Created and Loved by God Unit 3 Emotional Wellbeing Session 1 Feelings- Likes and dislikes Session 2 Feeling inside out. Session 3 Super Susie gets angry Module 1: Created and Loved by God Unit 4 Life Cycles Session 1 The cycle of life. Additional PHSE elements not included in Life to the Full Mental Health and Wellbeing Week Internet Safety Day Chinese New Year A Journey in Love: We Meet God's Love in Our Family Section 2: Physical LI: To recognise how I am cared for and kept safe in my family	Life to the Full Module 2: Created to love others Unit 1 Religious Understanding Session 1 God loves you. Module 2: Created to love others Unit 2 Personal relationships Session 1 Special People	Life to the Full Module 2: Created to Love Others Unit 3 Keeping Safe Session 1: Being safe Session 2: Good secrets and bad secrets Session 3: Physical contact A Journey in Love: We Meet God's Love in Our Family Section 3: Spiritual LI: To celebrate the ways God loves and cares for us.	Life to the Full Module 3: Created to Live in Community Unit 1 Religious Understanding Session 1: Trinity house Session 2: Who is my neighbour Module 3: Created to Live in Community Unit 2 Who Is My Neighbour? Session 3: The Communities we live in. Additional PHSE elements not included in Life to the Full Health and Fitness Week Enterprise Week

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 2	Class Charter, Good to be Green, Class Dojo, E-Safety Black History Month, Police Visit (Halloween and Bonfire Night Safety) Introduction of School Council - voting process	Life to the Full Nodule 1: Created and Loved by God. Unit 1 Religious Understanding Story sessions: let the children come Module 1: Created and Loved by God Unit 2 Me, My Body, My Health Session 1 I am Unique Session 2 Girls and boys Session 3 Clean and healthy Additional PHSE elements Anti-Bullying Week Road Safety week Well-being week A Journey in Love: We Meet God's Love in the Community Section 1: Social and Emotional LI: To recognise the joy and friendship of belonging to a diverse community	Life to the Full Module 1: Created and Loved by God Unit 3 Emotional Wellbeing Session 1 Feelings- Likes and dislikes Session 2 Feeling inside out. Session 3 Super Susie gets angry Module 1: Created and Loved by God Unit 4 Life Cycles Session 1 The cycle of life. Additional PHSE not included in Life to the Full Mental Health and Wellbeing Week Internet Safety Day Chinese New Year A Journey in Love: We Meet God's Love in the Community Section 2: Physical LI: To describe ways of being safe in communities	Life to the Full Module 2: Created to love others Unit 1 Religious Understanding Session 1 God loves you. Module 2: Created to love others Unit 2 Personal relationships Session 1 Special People	Life to the Full Module 2: Created to Love Others Unit 3 Keeping Safe Session 1: Being safe Session 2: Good secrets and bad secrets Session 3: Physical contact A Journey in Love: We Meet God's Love in the Community Section 3: Spiritual LI: To celebrate ways of meeting God in our communities	Life to the Full Module 3: Created to Live in Community Unit 1 Religious Understanding Session 1: Trinity house Session 2: Who is my neighbour Module 3: Created to Live in Community Unit 2 Who Is My Neighbour? Session 3: The Communities we live in. Additional PHSE not included in Life to the Full Health and Fitness Week Enterprise Week

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3	Class Charter, Good to be Green, Class Dojo, Wellbeing Week, E-Safety Black History Month, Police Visit (Halloween and Bonfire Night Safety) Introduction of School Council - voting process	Life to the Full Module 1: Created and Loved by God Unit 1 Religious Understanding Session 1: Get up! Session 2: The Sacraments Module 1: Created and Loved by God Unit 2 Me, my body, my health Session 1 We don't have to be the same Session 2 Respecting Our Bodies Additional PHSE elements not included in Life to the Full Anti-Bullying Week Road Safety week Schools parliament A Journey in Love: How We Live in Love Section 1: Social and Emotional LI: To describe and give reasons how friendship makes us feel happy and safe.	Life to the Full Module 1: Created and Loved by God Unit 3 Emotional Wellbeing Session 1 What am I feeling? Session 2 What am I looking at? Session 3 I am thankful Module 1: Created and Loved by God Unit 4 Life Cycles Session 1 Life cycles Additional PHSE elements not included in Life to the Full Mental Health and Wellbeing Week Internet Safety Day Chinese New Year Computing - We love games A Journey in Love: How We Live in Love Section 2: Physical LI: To describe and give reasons why friendship can break down, how they can be repaired and strengthened.	Module 2: Created to love others Unit 1 Religious Understanding Story Sessions Jesus, My Friend Module 2: Created to love others Unit 2 Personal relationships Session 1 Family, Friends and Others Session 2 When Things Feel Bad Session 3 When Things Change	Life to the Full Module 2: Created to Love Others Unit 3 Keeping Safe Session 1: Sharing Online Session 2: Chatting Online Session 3: Physical Contact A Journey in Love: How We Live in Love Section 3: Spiritual LI: To celebrate the joy and happiness of living in friendship with God and others.	Life to the Full Module 2: Created to Love Others Unit 3 Keeping Safe Session 1: Sharing Online Session 2: Chatting Online Session 3: Physical Contact Additional PHSE elements not included in Life to the Full Health and Fitness Week Enterprise Week

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 4	Class Charter, Good to be Green, Class Dojo, Wellbeing Week, E-Safety Black History Month, Police Visit (Halloween and Bonfire Night Safety) Introduction of School Council - voting process	Life to the Full Module 1: Created and Loved by God Unit 1 Religious Understanding Session 1: Get up! Session 2: The Sacraments Module 1: Created and Loved by God Unit 2 Me, my body, my health Session 1 We don't have to be the same Session 2 Respecting Our Bodies Session 3 What is puberty? Session 4 Changing bodies Session 5 Boy/girl discussion groups Additional PHSE elements not included in Life to the Full Anti-Bullying Week Road Safety week Schools parliament A Journey in Love: God Loves Us in Our Differences Section 1: Social and Emotional LI: To describe how we should all be accepted and respected.	Life to the Full Module 1: Created and Loved by God Unit 3 Emotional Wellbeing Session 1 What am I feeling? Session 2 What am I looking at? Session 3 I am thankful Module 1: Created and Loved by God Unit 4 Life Cycles Session 1 Life cycles Additional PHSE elements not included in Life to the Full Mental Health and Wellbeing Week Internet Safety Day Chinese New Year A Journey in Love: God Loves Us in Our Differences Section 2: Physical LI: To describe how we should treat others making links with the diverse modern society we live in.	Life to the Full Module 2: Created to love others Unit 1 Religious Understanding Story Sessions Jesus, My Friend Module 2: Created to love others Unit 2 Personal relationships Session 1 Family, Friends and Others Session 2 When Things Feel Bad Session 3 When Things Change Additional PHSE elements not included in Life to the Full Computing - Browsing the internet	Module 2: Created to Love Others Unit 3 Keeping Safe Session 1: Sharing online session 2: Chatting online session 3: Physical contact A Journey in Love: God Loves Us in Our Differences Section 3: Spiritual LI: to celebrate the uniqueness and innate beauty in each of us.	Life to the Full Module 3: Created to Live in Community Unit 1 Religious Understanding Session 1: Trinity house Session 2: Where is church? Module 3: Created to Live in Community Unit 2 Living in the Wider World Session 1: How do I love others? Additional PHSE elements Health and Fitness Week Enterprise Week Geography - Renewable Energy

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 5	Class Charter, Good to be Green, Class Dojo, Wellbeing Week, E-Safety Black History Month, Police Visit (Halloween and Bonfire Night Safety) Introduction of School Council - voting process	Life to the Full Module 1: Created and Loved by God Unit 1 Religious Understanding Story Sessions: Made to Grow (Kester's Adventures) Module 1 Created and Loved by God Unit 2 Me, my body, my health Session 1 Gifts and Talents Session 2 Girl's Bodies Session 3 Boy's Bodies Session 4 Spots and sleep. Additional PHSE elements not included in Life to the Full Anti-Bullying Week Road Safety week Schools parliament A Journey in Love: God Loves Us in Our Changing and Developing Section 1: Social and Emotional To show knowledge and understanding of emotional relationship changes as we grow and develop	Life to the Full Module 1: Created and Loved by God Unit 3 Emotional Wellbeing Session 1 Body Image Session 2 Peculiar Feelings Session 3 emotional changes Session 4 Seeing stuff online Module 1: Created and Loved by God Unit 4 Life Cycles Session 1 Making Babies Part 1 Session 2 Making Babies Part 2 Session 3 Menstruation Session 4 Hope Beyond Death Additional PHSE elements not included in Life to the Full Mental Health and Wellbeing Week Internet Safety Day Chinese New Year A Journey in Love: God Loves Us in Our Changing and Developing Section 2: Physical LI: To show knowledge and understanding of the physical changes in puberty	Life to the Full Module 2: Created to love others Unit 1 Religious Understanding Session 1 Is God Calling you? Module 2: Created to love others Unit 2 Personal relationships Session 1 Under Pressure Session 2 Do you want a piece of cake? Session 3 Self-Talk	Life to the Full Module 2: Created to Love Others Unit 3 Keeping Safe Session 1: Sharing Online Session 2: Chatting Online Session 3: Physical Contact A Journey in Love: God Loves Us in Our Changing and Developing Section 3: Spiritual LI: To celebrate the joy of growing physically and spiritually	Life to the Full Module 3: Created to Live in Community Unit 1 Religious Understanding Session 1: Trinity House Session 2: Catholic Social Teaching Module 3: Created to Live in Community Unit 2 Living in the Wider World Session 1: Reaching Out Additional PHSE elements not included in Life to the Full Health and Fitness Week Enterprise Week

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 6	Class Charter, Good to be Green, Class Dojo, Wellbeing Week, E-Safety Black History Month, Police Visit (Halloween and Bonfire Night Safety) Introduction of School Council - voting process	Life to the Full Module 1: Created and Loved by God Unit 1 Religious Understanding Story Sessions: Made to Grow (Kester's Adventures) Module 1 Created and Loved by God Unit 2 Me, my body, my health Session 1 Gifts and Talents Session 2 Girl's Bodies Session 3 Boy's Bodies Session 4 Spots and sleep. Additional PHSE elements not included in Life to the Full Anti-Bullying Week Road Safety week Schools parliament Police Visit - SCEPTRE Safeguarding community police officer presentation A Journey in Love: The Wonder of God's Love in Creating New Life Section 1: Social and Emotional LI: To develop a secure understanding that stable and caring relationships, which may be of different types, are at the heart of happy families.	Life to the Full Module 1: Created and Loved by God Unit 3 Emotional Wellbeing Session 1 Body Image Session 2 Peculiar Feelings Session 3 emotional changes Session 4 Seeing stuff online Module 1: Created and Loved by God Unit 4 Life Cycles Session 1 Making Babies Part 1 Session 2 Making Babies Part 2 Session 3 Menstruation Session 4 Hope Beyond Death Additional PHSE elements not included in Life to the Full Mental Health and Wellbeing Week Internet Safety Day Chinese New Year A Journey in Love: The Wonder of God's Love in Creating New Life Section 2: Physical LI: Explain how human life is conceived.	Life to the Full Module 2: Created to love others Unit 1 Religious Understanding Session 1 Is God Calling you? Module 2: Created to love others Unit 2 Personal relationships Session 1 Under Pressure Session 2 Do you want a piece of cake? Session 3 Self-Talk Additional PHSE elements not included in Life to the Full Computing - E-Safety	Life to the Full Module 2: Created to Love Others Unit 3 Keeping Safe Session 1: Sharing Online Session 2: Chatting Online Session 3: Physical Contact A Journey in Love: The Wonder of God's Love in Creating New Life Section 3: Spiritual LI: Show an understanding of how being made in the image and likeness of God informs decisions and actions when building relationships with others, including life-long relationships.	Life to the Full Module 3: Created to Live in Community Unit 1 Religious Understanding Session 1: Trinity House Session 2: Catholic Social Teaching Module 3: Created to Live in Community Unit 2 Living in the Wider World Session 1: Reaching Out Additional PHSE elements not included in Life to the Full Health and Fitness Week Colomendy Trip Computing - stocks and shares -e Week Careers week Secondary School Transition