



St Oswald's Catholic Primary School – Curriculum Overview 2023/24



PHSE

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Class Charter, Good to be Green, Class Dojo, E-Safety Black History Month, Halloween and Bonfire Night Safety Mouse club activities NWCR charity fun run	Life to the Full Module 1: Created and Loved by God Unit 1 Religious Understanding Story Sessions: Handmade with Love Module 1 Created and Loved by God Unit 2 Me, My Body, My Health Session 1 I am Me Session 2 Head, Shoulders, Knees and toes Session 3 Ready, Teddy? Additional PHSE elements Anti-Bullying Week Road Safety week Well-being week Mouse club activities	Life to the Full Module 1: Created and Loved by God Unit 3 Emotional Wellbeing Session 1 I like, you like, we all like Session 2 All the feelings Session 3 Let's get real Module 1: Created and Loved by God Unit 4 Life Cycles Session 1 Growing up Additional PHSE elements Mental Health and Wellbeing Week Internet Safety Day Chinese New Year Mouse club activities	Life to the Full Module 2: Created to love others Unit 1 Religious Understanding Session 1 Role model Module 2: Created to love others Unit 2 Personal relationships Session 1 Who's who? Session 2 You've got a friend in me Session 3 Forever friends Module 2 Unit 3 Session 1 What is the internet? Session 2 Playing online Additional PHSE elements Mouse club activities	Life to the Full Module 2: Created to Love Others Unit 3 Keeping Safe Session 1 Safe inside and out Session 2 My body, my rules Session 3 Feeling poorly Session 4 People who help us. Additional PHSE elements Mouse club activities	Life to the Full Module 3: Created to Live in Community Unit 1 Religious Understanding Session 1 God is love. Session 2 Loving God, Loving others Module 3: Created to Live in Community Unit 2 Who Is My Neighbour? Session 1 Me, you, us Additional PHSE elements Mouse club activities Health and Fitness Week Enterprise Week

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	<p>Class Charter, Mission Statement Review, Good to be Green, Class Dojo, E-Safety Black History Month, Halloween and Bonfire Night Safety NWCR charity fun run</p>	<p>Life to the Full Module 1: Created and Loved by God Unit 1 Religious Understanding Story Sessions: Handmade with Love Module 1 Created and Loved by God Unit 2 Me, My Body, My Health Session 1 I am Me Session 2 Head, Shoulders, Knees and toes Session 3 Ready, Teddy?</p> <p>Additional PHSE elements Anti-Bullying Week Road Safety week Well-being week</p>	<p>Life to the Full Module 1: Created and Loved by God Unit 3 Emotional Wellbeing Session 1 I like, you like, we all like Session 2 Good feelings, bad feelings Session 3 Let's get real Module 1: Created and Loved by God Unit 4 Life Cycles Session 1 Growing up</p> <p>Additional PHSE elements Mental Health and Wellbeing Week Internet Safety Day Chinese New Year</p>	<p>Life to the Full Module 2: Created to love others Unit 1 Religious Understanding Session 1 Role model Module 2: Created to love others Unit 2 Personal relationships Session 1 Who's who? Session 2 You've got a friend in me Session 3 Forever friends Module 2 Unit 3 Session 1 What is the internet? Session 2 Playing online</p>	<p>Life to the Full Module 2: Created to Love Others Unit 3 Keeping Safe Session 1 Safe inside and out Session 2 My body, my rules Session 3 Feeling poorly Session 4 People who help us</p>	<p>Life to the Full Module 3: Created to Live in Community Unit 1 Religious Understanding Session 1 God is love. Session 2 Loving God, Loving others Module 3: Created to Live in Community Unit 2 Who Is My Neighbour? Session 1 Me, you, us</p> <p>Additional PHSE elements Health and Fitness Week Enterprise Week</p>
Year 1	<p>Class Charter, Good to be Green, Class Dojo, E-Safety Black History Month, Halloween and Bonfire Night Safety Introduction of School Council - voting process NWCR charity fun run</p>	<p>Life to the Full Module 1: Created and Loved by God. Unit 1 Religious Understanding Story sessions: let the children come Module 1: Created and Loved by God Unit 2 Me, My Body, My Health Session 1 I am Unique Session 2 Girls and boys Session 3 Clean and healthy</p> <p>Additional PHSE elements not included in Life to the Full Anti-Bullying Week Road Safety week Well-being week</p>	<p>Life to the Full Module 1: Created and Loved by God Unit 3 Emotional Wellbeing Session 1 Feelings- Likes and dislikes Session 2 Feeling inside out. Session 3 Super Susie gets angry Module 1: Created and Loved by God Unit 4 Life Cycles Session 1 The cycle of life. Session 2 Beginning and endings</p> <p>Additional PHSE elements not included in Life to the Full Mental Health and Wellbeing Week Internet Safety Day Chinese New Year</p>	<p>Life to the Full Module 2: Created to love others Unit 1 Religious Understanding Session 1 God loves you. Module 2: Created to love others Unit 2 Personal relationships Session 1 Special People Session 2 Treat others well Session 3 Say sorry Module 2 unit 3 Session 1 Real life online Session 2 Rules to help us Session 3 Can you help me? Part 1 Session 4 Can you help me? Part 2</p>	<p>Life to the Full Module 2: Created to Love Others Unit 3 Keeping Safe Session 1: Good secrets and bad secrets Session 2: Physical contact Session 3: Harmful substances Session 3 Can you help me? Part 1 Session 4 Can you help me? Part 2</p>	<p>Life to the Full Module 3: Created to Live in Community Unit 1 Religious Understanding Session 1: Three in one Session 2: Who is my neighbour Module 3: Created to Live in Community Unit 2 Session 1: The Communities we live in.</p> <p>Additional PHSE elements not included in Life to the Full Health and Fitness Week Enterprise Week</p>

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 2	Class Charter, Good to be Green, Class Dojo, E-Safety Black History Month, Halloween and Bonfire Night Safety Introduction of School Council - voting process NWCR charity fun run	<u>Life to the Full</u> <u>Life to the Full</u> Module 1: Created and Loved by God. Unit 1 Religious Understanding Story sessions: let the children come Module 1: Created and Loved by God Unit 2 Me, My Body, My Health Session 1 I am Unique Session 2 Girls and boys Session 3 Clean and healthy Additional PHSE elements Anti-Bullying Week Road Safety week Well-being week	<u>Life to the Full</u> Module 1: Created and Loved by God Unit 3 Emotional Wellbeing Session 1 Feelings- Likes and dislikes Session 2 Feeling inside out. Session 3 Super Susie gets angry Module 1: Created and Loved by God Unit 4 Life Cycles Session 1 The cycle of life. <u>Additional PHSE not included in Life to the Full</u> Mental Health and Wellbeing Week Internet Safety Day Chinese New Year	<u>Life to the Full</u> Module 2: Created to love others Unit 1 Religious Understanding Session 1 God loves you. Module 2: Created to love others Unit 2 Personal relationships Session 1 Special People Session 2 Treat others well Session 3 Say sorry	<u>Life to the Full</u> Module 2: Created to Love Others Unit 3 Keeping Safe Session 1: Good secrets and bad secrets Session 2: Physical contact Session 3: Harmful substances Session 3 Can you help me? Part 1 Session 4 Can you help me? Part 2	<u>Life to the Full</u> Module 3: Created to Live in Community Unit 1 Religious Understanding Session 1: Three in one Session 2: Who is my neighbour Module 3: Created to Live in Community Unit 2 Session 1: The Communities we live in. <u>Additional PHSE not included in Life to the Full</u> Health and Fitness Week Enterprise Week

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3	Class Charter, Good to be Green, Class Dojo, Wellbeing Week, E-Safety Black History Month, Halloween and Bonfire Night Safety Introduction of School Council - voting process NWCR charity fun run	Life to the Full Module 1: Created and Loved by God Unit 1 Religious Understanding Session 1: Get up! Session 2: The Sacraments Module 1: Created and Loved by God Unit 2 Me, my body, my health Session 1 We don't have to be the same Session 2 Respecting Our Bodies Session 3 What is puberty? <u>Additional PHSE elements not included in Life to the Full</u> Anti-Bullying Week Road Safety week Schools parliament	Life to the Full Module 1: Created and Loved by God Unit 3 Emotional Wellbeing Session 1 What am I feeling? Session 2 What am I looking at? Session 3 I am thankful Module 1: Created and Loved by God Unit 4 Life Cycles Session 1 Life cycles Session 2 A time for everything <u>Additional PHSE elements not included in Life to the Full</u> Mental Health and Wellbeing Week Internet Safety Day Chinese New Year Computing - We love games	Module 2: Created to love others Unit 1 Religious Understanding Story Sessions Jesus, My Friend Module 2: Created to love others Unit 2 Personal relationships Session 1 Family, Friends and Others Session 2 When Things Feel Bad Module 2 unit 3 Session 1 Sharing online Session 2 Chatting online	Life to the Full Module 2: Created to Love Others Unit 4 Session 1 Safe in my body Session 2 Drug, alcohol and tobacco Session 3 First aid heroes	Life to the Full Module 2: Created to Love Others Module 3 unit 1 Session 1 A community of love Session 2 What is church Module 3 unit 2 Session 1 How do I love others <u>Additional PHSE elements not included in Life to the Full</u> Health and Fitness Week Enterprise Week

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 4	<p>Class Charter, Good to be Green, Class Dojo, Wellbeing Week, E-Safety Black History Month, Halloween and Bonfire Night Safety Introduction of School Council - voting process NWCR charity fun run</p>	<p>Life to the Full Module 1: Created and Loved by God Unit 1 Religious Understanding Session 1: Get up! Session 2: The Sacraments Module 1: Created and Loved by God Unit 2 Me, my body, my health Session 1 We don't have to be the same Session 2 Respecting Our Bodies Session 3 What is puberty? Session 4 Changing bodies (year 4 only) Session 5 Male/ female discussion groups (optional – yr. 4 only) Additional PHSE elements not included in Life to the Full Anti-Bullying Week Road Safety week Schools parliament</p>	<p>Life to the Full Module 1: Created and Loved by God Unit 3 Emotional Wellbeing Session 1 What am I feeling? Session 2 What am I looking at? Session 3 I am thankful Module 1: Created and Loved by God Unit 4 Life Cycles Session 1 Life cycles Session 2 A time for everything</p> <p>Additional PHSE elements not included in Life to the Full Mental Health and Wellbeing Week Internet Safety Day Chinese New Year Computing - We love games</p>	<p>Module 2: Created to love others Unit 1 Religious Understanding Story Sessions Jesus, My Friend Module 2: Created to love others Unit 2 Personal relationships Session 1 Family, Friends and Others Session 2 When Things Feel Bad Module 2 unit 3 Session 1 Sharing online Session 2 Chatting online</p>	<p>Life to the Full Module 2: Created to Love Others Unit 4 Session 1 Safe in my body Session 2 Drug, alcohol and tobacco Session 3 First aid heroes</p>	<p>Life to the Full Module 2: Created to Love Others Module 3 unit 1 Session 1 A community of love Session 2 What is church Module 3 unit 2 Session 1 How do I love others</p> <p>Additional PHSE elements not included in Life to the Full Health and Fitness Week Enterprise Week</p>

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 5	<p>Class Charter, Good to be Green, Class Dojo, Wellbeing Week, E-Safety Black History Month, Halloween and Bonfire Night Safety Introduction of School Council - voting process NWCR charity fun run</p>	<p>Life to the Full Module 1: Created and Loved by God Unit 1 Religious Understanding Story Sessions: Made to Grow (Kester's Adventures) Module 1 Created and Loved by God Unit 2 Me, my body, my health Session 1 Gifts and Talents Session 2 Girl's Bodies Session 3 Boy's Bodies Session 4 Spots and sleep.</p> <p>Additional PHSE elements not included in Life to the Full Anti-Bullying Week Road Safety week Schools parliament</p>	<p>Life to the Full Module 1: Created and Loved by God Unit 3 Emotional Wellbeing Session 1 Body image Session 2 Peculiar feelings Session 3 Emotional changes Session 4 Seeing stuff online Module 1: Created and Loved by God Unit 4 Life Cycles Session 1 Making babies part 1 Session 2 Making babies part 2 Session 3 Menstruation</p> <p>Additional PHSE elements not included in Life to the Full Mental Health and Wellbeing Week Internet Safety Day Chinese New Year</p>	<p>Life to the Full Module 2: Created to love others Unit 1 Religious Understanding Session 1 God is Calling you Module 2: Created to love others Unit 2 Personal relationships Session 1 Under Pressure Session 2 Do you want a piece of cake? Session 3 Self-Talk</p>	<p>Life to the Full Module 2: Created to Love Others Unit 3 Keeping Safe Session 1: Sharing isn't always caring Session 2 Cyberbullying Module 2 unit 4 Session 1 Types of abuse Session 2 Impacted Lifestyles Session 3 Making good choices Session 4 Giving assistance</p>	<p>Life to the Full Module 3: Created to Live in Community Unit 1 Religious Understanding Session 1: The Holy Trinity Session 2: Catholic Social Teaching Module 3: Created to Live in Community Unit 2 Living in the Wider World Session 1: Reaching Out</p> <p>Additional PHSE elements not included in Life to the Full Health and Fitness Week Enterprise Week</p>
Year 6	<p>Class Charter, Good to be Green, Class Dojo, Wellbeing Week, E-Safety Black History Month, Halloween and Bonfire Night Safety Introduction of School Council - voting process NWCR charity fun run</p>	<p>Life to the Full Module 1: Created and Loved by God Unit 1 Religious Understanding Story Sessions: Made to Grow (Kester's Adventures) Module 1 Created and Loved by God Unit 2 Me, my body, my health Session 1 Gifts and Talents Session 2 Girl's Bodies Session 3 Boy's Bodies Session 4 Spots and sleep.</p> <p>Additional PHSE elements not included in Life to the Full Anti-Bullying Week Road Safety week Schools parliament</p>	<p>Life to the Full Module 1: Created and Loved by God Unit 3 Emotional Wellbeing Session 1 Body image Session 2 Peculiar feelings Session 3 Emotional changes Session 4 Seeing stuff online Module 1: Created and Loved by God Unit 4 Life Cycles Session 1 Making babies part 1 Session 2 Making babies part 2 Session 3 Menstruation</p> <p>Additional PHSE elements not included in Life to the Full Mental Health and Wellbeing Week Internet Safety Day Chinese New Year</p>	<p>Life to the Full Module 2: Created to love others Unit 1 Religious Understanding Session 1 God is Calling you Module 2: Created to love others Unit 2 Personal relationships Session 1 Under Pressure Session 2 Do you want a piece of cake? Session 3 Self-Talk Session 4 Build others up (yr. 6 only)</p>	<p>Life to the Full Module 2: Created to Love Others Unit 3 Keeping Safe Session 1: Sharing isn't always caring Session 2 Cyberbullying Module 2 unit 4 Session 1 Types of abuse Session 2 Impacted Lifestyles Session 3 Making good choices Session 4 Giving assistance</p>	<p>Life to the Full Module 3: Created to Live in Community Unit 1 Religious Understanding Session 1: The Holy Trinity Session 2: Catholic Social Teaching Module 3: Created to Live in Community Unit 2 Living in the Wider World Session 1: Reaching Out</p> <p>Additional PHSE elements not included in Life to the Full Health and Fitness Week Enterprise Week</p>

