



St Oswald's Catholic Primary School

Year 1 Autumn Overview 2025-2026

<u>Subject Area</u>	<u>Autumn</u>	
R.E.	Branch 1 Creation and Covenant	Branch 2 Prophecy and Promise
English/ Phonics	3 days RWI speed sounds and storybook session per week 2 days RWI review lessons and storybook session per week	3 days RWI speed sounds and storybook session per week 2 days RWI review lessons and storybook session per week
Mathematics	Place value within 10 Addition and subtraction within 10	Addition and subtraction within 10 Shape Place value within 20
Science	Can you draw and label the main parts of a plant? We are Park Explorers Name plant parts and talk about what they do. Name what plants need to grow. Describe plant growth. Name and explore different fruits.	Can I talk about the five senses? My Body my Senses What can our bodies do? What are the senses (smell)? What do we see? What is that sound? How does it taste? What can we feel?
Computing	Can I log on and off a computer? Basic Computing Skills Pupils will learn how to log in and shut down a computer accurately and begin to understand the importance of a password. They will develop keyboard and mouse skills.	Can I add an image onto a document? Producing Digital Media Pupils will learn how to use a word processing program to write and format text. They will add in digital images and consider the audience for their work.



PE	Gymnastics I am confident to perform in front of others. I can link simple actions together to create a sequence. I can make my body tense, relaxed, stretched and curled. I can recognise changes in my body when I do exercise. I can remember and repeat actions and shapes. I can say what I liked about someone else's performance. I can use apparatus safely and wait for my turn.	Dance I am beginning to use counts. I can copy, remember and repeat actions. I can move confidently and safely. I can use different parts of the body in isolation and together. I can work with others to share ideas and select actions. I choose appropriate movements for different dance ideas. I say what I liked about someone else's performance. I show some sense of dynamic and expressive qualities in my dance.
Games	Fundamental Skills I can change direction when moving at speed. I can recognise changes in my body when I do exercise. I can run at different speeds. I can select my own actions in response to a task. I can show hopping and jumping movements. I can work co-operatively with others to complete tasks. I show balance and co-ordination when static and moving at a slow speed.	Ball Skills I am beginning to catch with two hands. I am beginning to dribble a ball with my hands and feet. I am beginning to understand simple tactics. I can roll and throw with some accuracy towards a target. I can say when someone was successful. I can track a ball that is coming towards me. I can work co-operatively with a partner.
RSHE	Lesson 1 - Journey in Love: We Meet God's Love in our Family (Social and Emotional) <i>Complete M1U1 Story Sessions: Let the Children Come in CW/Class Read time</i> Lesson 2 - M2U1 Session 1: God Loves You Lesson 3 - M2U2 Session 1: Special People Lesson 4 - Anti Bullying Week (wb 10th Nov) Lesson 5 - Road Safety Week (wb 17th Nov) Lesson 6 - M2U2 Session 2: Treat Others Well... Lesson 7 - M2U2 Session 2: ...and Say Sorry <u>Additional PSHE elements</u> Class Charter, School Council, Good to be Green, Black History Month, Bonfire Safety	



History	How has childhood changed in the last hundred years? Toys As Historians, the children will be investigating childhood in the past. We will be developing an awareness of the past, exploring how life has changed and developed. We will use a wide vocabulary of everyday historical terms.
Geography	Can you plan a route around school for a visitor? Our School As geographers, the children will use simple compass directions (North, South, East, and West) as well as locational/directional language (near, far, right, left) to describe the location of features and routes on a map, using this knowledge to understand the geography of the school grounds.
Art	Can you create a secondary colour using primary colours? Colour Chaos <i>Inspire</i> Look at primary colours and match feeling and emotions words to these colours How do different colours make us feel? <i>Skill</i> Mix primary colours to create secondary colours <i>Final Product</i> Children to use 2 primary colours and their secondary colour to make a 3 colour pattern <i>Must cover skills – Drawing, colour</i>
Design Technology	Can you identify where our food comes from? Cooking and Nutrition Focusing on: Where food comes from – looking at food they eat. Children will make simple dishes – including fruit kebab / salad / sandwich
Music	Can I perform in different styles? In the Groove Children will learn to perform a song that was specially written to explore different styles of music and is arranged in six different styles; Blues, Baroque, Latin, Bhangra, Folk and Funk. Each week they will listen and learn a different style of In the Groove. They will also listen to a well-known song in that week's style.

